JCFR Leadership Hails Swiss Decision on Stolen War Assets

“A moral victory has been won with the announcement of the $1.25 billion settlement by Swiss commercial banks to settle a class-action suit by Nazi Holocaust victims and their heirs,” exclaimed Richard November, President, Jewish Community Federation of Richmond. “We all benefit by this attempt to compensate wartime Jewish depositors for assets missing from dormant accounts,” continues Mr. November. “Justice will be served by the return of looted property to its rightful owners.”

“Following a three year dispute and threats of economic sanctions, Switzerland’s reputation for neutrality will finally be corrected as the Swiss government comes to terms with its own history and involvement during and after the Holocaust,” stated Stephen A. Meyers, Chairman of the Jewish Community Relations Committee. “Survivors in need and those who have legitimate claims to dormant Swiss accounts will finally see some vindication.”

“Financial reimbursement will never compensate for those of us who lost so much during the Nazi regime,” comments Alex Leibenstein, a local Holocaust survivor from Haltern, Germany who survived ghettos, labor and concentration camps. “We welcome the announcement and hope that those survivors who are truly in need will be insured security during this final chapter of their lives.”

Continued on page 4
Kristallnacht—
60 Years of Remembering

Emek Sholom and the Jewish Community Federation of Richmond will sponsor the annual Kristallnacht commemorative program at Emek Sholom Holocaust Memorial Cemetery on Sunday, November 8, 1998 from 10:30 AM - noon. The service will be led by Rabbi Gary Creditor of Temple Beth-El with support from his Confirmation class. The program will feature appropriate memorializations and will honor a “Man of Conscience,” Hugo Krock of Beckum, Germany.

For more information about this event, refer to the Reflector and the Jewish News in the coming months.

Emek Sholom Holocaust Memorial to be Expanded

In response to requests from persons in the Richmond Jewish community, Inge Horowitz, President, and the Board of the Emek Sholom Holocaust Memorial Cemetery, initiated a survey to determine the extent of interest in adding names to the Holocaust Memorial. Response to this survey has been strong, and at its recent annual meeting, the membership voted to proceed with expansion of the monument. In an effort to ensure that everyone concerned knows of this effort, the submission deadline has been extended to December 1998.

The criteria for inclusion of additional names on the monument is “A Jew who... as the result of persecution, a victim of his/her faith... died in a pogrom, mass murder, in a ghetto, or in concentration, labor, or death camp during the Holocaust (1933 – 1945), and whose family is living in or is associated with Richmond, Virginia.” The cost per name will be $30 to $50 depending on the total numbers of names submitted. Financial assistance will be available for those who cannot pay the full amount. For more information about the memorial or to become involved, contact Inge Horowitz at 358-2720.

Teens Visit United States Holocaust Memorial Museum

On July 7 and 21 Jewish Family Services and the Boys and Girls Clubs of Richmond with support from the Holocaust Education subcommittee visited the United States Holocaust Memorial Museum in Washington, D.C. JCR members and staff accompanying the students were survivors Gertrude Kupfer, Alex Lebenstein, Bernie Kaplan, former chairman of the CRC and Miriam Davidow, Federation staff. The visit, which included educational programming, was the first for all of the students who learned a great deal about the Holocaust from this experience and from first-hand conversations with survivors. The trip was coordinated by Lauren Crawford of HFS and funding for the trip was provided by a private donor through Jewish Family Services.

In July survivor Alex Lebenstein visited the US Holocaust Museum with members of the Boys & Girls Club of Richmond. This visit, a first for the students, offered them a rare opportunity to have first hand contact with a Holocaust survivor.
Synagogues

Francine Blum Receiving KBI Woman of Valor Award

By: Jeannine Graham

Keneseth Beth Israel is proud to announce that Francine (Fran) Blum has been chosen the 2001 recipient of the Women of Valor Award. This honor is awarded to an outstanding role model who demonstrates depth of character and commitment to the Jewish community.

She was born in Columbus Ohio. Her family moved to Nashville, TN when she was in the fifth grade. She received a B.A. degree in French at Peabody College for Teachers, now part of Vanderbilt University, in 1962 and was certified to teach secondary education in social studies. She did Masters work at the University of Tennessee School of Social Work and began her career in Nashville as a social worker in the first state-owned day care center. At the same time, Fran led several groups and summer day camp programs at the Jewish Community Center.

In 1965, she married her husband, Lew, and they moved to the DC area where she took a job as group worker at the JCC of Greater Washington, working with youth and senior citizens. In 1967, they moved to Harrisburg, PA where her two children, Martin and Matthew, were born and where she took a position as a nursery school teacher. At the same time, she became very active in the National Council of Jewish Women and community projects.

Fran and her family moved to Chester, VA in 1972, and she took a position as a VISTA (Volunteer in Service to America) for the ACTION Program. She worked for the HAMDES program for five years before taking a position with the Capital Area Agency on Aging, now known as Senior Connections. She has been the Director of the Foster Grandparent Program since 1987. She also developed a curriculum for Virginia Commonwealth University’s Medical College of Virginia to teach medical students about working with seniors.

Fran says her parents were “wonderful role models” who taught her the importance of working for Jewish organizations and of being part of a religious congregation. The Blum family joined Keneseth Beth Israel in 1976. She immedi-

Religious School Principal Needed

Congregation Or Ami is seeking a principal for its religious school. If you or anyone you know is interested in the position, contact Cindy Hendren or Renee Gould, Co-Chairs of the congregation’s Education Committee. They may be reached through the synagogue office at 722-0017.

Tourism Ministers Pledge Cooperation

At a meeting in Jerusalem early last month, Israel’s Minister of Tourism, Azzam Lipkin-Shahak and the Palestinian Authority’s Minister of Tourism and Antiquities, Muhammad Abu Alkha, pledged close cooperation in joint efforts to promote regional tourism.

In a joint statement both agreed that tourism is an effective tool to understand other cultures and to bridge between nations. “The safety and security of tourists and pilgrims visiting the Holy Land have been, still are, and will always remain assured. Both Israeli and Palestinian consider tourists as our personal guests and we always welcome them to our region,” the two said.

Synagogue Names Room for Margarete Hirsch

Susanne Hirsh has made a gift to Congregation Or Ami in honor of her sister, Margarette Hirsh. In recognition of Hirsh’s work with and love for children, the kindergarten room at the synagogue has been named in her honor. The announcement of Hirsh’s gift was made at the congregation’s semi-annual meeting in February.

At the same meeting, congregants learned of the “restructuring” of the synagogue’s Caring Committee. Although the congregation as a whole is considered a caring community, situations sometimes arise that require special assistance. The committee helps members in difficult times and celebrates with them during times of joy. Member’s suggestions are always welcome.

For more information about Congregation Or Ami, call the synagogue at 722-0017.

Congregation Schedules April Events

Congregation Or Ami will hold a variety of programs and services during the month of April. Unless otherwise noted, the public is invited to attend.

At Shabbat services on Friday, April 6, Art Epstein and Rabbi Leavy Sinclair will lead a “musically illustrated” talk on Yiddish music as a reflection of traditional synagogue prayers. The service will begin at 6 PM.

Members of the congregation are invited to participate in the annual Community Seder on Sunday, April 8, at 5:30 PM. Members and their guests are welcome to enjoy "an uplifting and happy" meal. Participants are asked to call the synagogue office to find out what to bring.

Yom HaShoah Shabbat services will be held on Friday, April 13. The service for April 20 will be the Adult Bar/Bat Mitzvah service. There will be a Children’s Service for kindergarten and 1st grades at 7 PM on Friday, April 27. The 2nd grade service will follow at 8 PM.

For more information, call the synagogue office at 722-0017.

Celebrating Jewish Education

Come Celebrate with us at Our Community’s Recognition of Lifelong Jewish Learning

Florence Melton Adult Mini-School Graduation, Class of 2001

Jewish School Teacher Education Program (JSTEP) Graduation Class of 2001

Recognizing Chai Educators & Current Educators

Sunday, May 6, 2001
6:15 PM

Guest Speaker: Dr. Betsy Dolgin Katz
North American Director Florence Melton Adult Mini-School

Virginia Historical Society • 428 North Boulevard
Dessert Reception • Dietary Laws Observed

Sponsored by the Richmond Council of Jewish Education, Jewish Principals Council, Jewish Community Center, Florence Melton Adult Mini-School

www.jewishrichmond.org
Organizations

Program Will Consider Organ and Tissue Donation

The Richmond Chapter of Hadassah's Leadership Academy and the Jewish Community Center will cosponsor an educational program, Share Your Life: Share Your Decision: Organs and Tissue Donation on Sunday, April 22 at the JCC. A panel of experts will address the facts, myths, religious aspects and importance of organ and tissue donation and recipients will there be a companion blood and bone marrow drive.

Shalom Group Schedules Program and Oneg Shabbat

A film on Ethiopian Jews in the program for the next meeting of the Shalom Group of Hadassah. Eleanor Greenfield will moderate the April 18 program.

The meeting will be held at the Jewish Community Center and will begin at 12 Noon. Members should bring a light lunch. Coffee and dessert will be served.

On Saturday, April 21, members will gather at the home of Dr. Frank O. for an Oneg Shabbat program. The guest speaker will be Marilyn Spira. She will discuss The Red Tent. All Hadassah members are welcome. The Slater home is at 4603 Monument Avenue, just west of Westoverland Street.

For more information, call Ong Chair Halina Zinon at 288-6969.

Informer for Sale at General Meeting

Copies of The Informer, a coupon book for entertainment values, will be on sale at the next general meeting of Hadassah on April 14. The cost is $14 per copy.

ADL Finds Anti-Semitic Incidents Have Risen Slightly in Past Year

The volume in the Middle East following the breakdowns of the Israeli-Palestinian peace process may have contributed to a slight increase in the number of anti-Semitic incidents reported in the United States during the year 2000. The Anti-Defamation League's (ADL) 2001 Annual Audit of Anti-Semitic Incidents, reflects a 4 percent increase in the number of attacks against Jews and Jewish institutions in the U.S. The 2000 ADL Audit recorded 1,426 anti-Semitic incidents in 46 states and the District of Columbia, representing a slight increase over the 1,375 incidents reported in 1999.

Vandalism, harassment and other expressions of hatred against Jewish individuals and property climbed with the renewal of tensions in the Middle East, reaching a high point in October as the events there spilled over into nations with large Jewish communities. According to the ADL Audit, there were 259 anti-Semitic incidents reported in October across the United States, more than any other month of the 2000 calendar year.

As in the past, harassment and assaults directed at individuals and institutions made up more than half of all the incidents reported. The Audit categorizes the incidents as follows: 677 acts of harassment, including verbal intimidation, threats, and physical assaults; 778 acts of vandalism, including property damage, arson and cemetery desecration. A total of 69 anti-Semitic incidents were reported on college campuses nationwide, a 13 percent increase from 1999 reversing a five-year decline. Incidents in Virginia were down from 18 to 15.

"In the 22 years that ADL has been conducting the Audit, we have seen ups and downs," Director Abraham Foxman said. "While 2000 saw a slight increase, we still believe that through education and the diligent work of law enforcement, these kinds of incidents can decrease in the future."

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Special Programs Airig in
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Chairman Promises Games in
Israel Will Go on as Scheduled

Ambassador Ivy to Address
World Affairs Council Here

All Communal Groups Hosting
Annual Yom HaShoah Program

Happy Passover

We're the leader in Kitchens to live for!

National Survey Details Americans' Israeli Attitudes

In this Issue

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Opinion

Editorial: Pesach... A Practically Perfect Holiday

With the recent outbreak of a new coronavirus, Pesach has taken on a new meaning. The traditional Passover seder, a time for family gatherings and celebration, has been replaced by a virtual one. This shift has brought about both challenges and opportunities.

On one hand, the traditional seder is a time for coming together with family, friends, and community. This year, with social distancing guidelines in place, it has been difficult to maintain the same level of connection. However, with the advent of technology, we have been able to stay connected and share in the joy of Pesach.

On the other hand, the virtual seder has allowed us to reach out to those who may not have been able to participate in the past. It has also given us the opportunity to reflect on the importance of community and to appreciate the value of being together.

In conclusion, while the traditional seder may not be possible this year, we can still celebrate Pesach in a meaningful way. Whether it be through a virtual seder or by reaching out to those who may be feeling isolated, we can still come together and reflect on the values that make Pesach so special.

Getting Rewired... Part I

Elenor Klein

The Officers, Board & Staff of the Jewish Community Federation of Richmond wish you a wonderful Pesach.

Getting Rewired... Part II

Elenor Klein

Federations
Learning, Fellowship and Fun Highlight 5th Annual Network Dinner

Laughter, learning, and the buzz of camaraderie conversation filled the Israeli November Auditions of the ICC when over 250 women gathered for the 5th Annual Women's Jewish Network Dinner. Psychology Building Davis led the large group in a discussion of social and intergenerational connections, emphasizing the importance of both formal and informal networks in the creation of family health.

"What matters to you in the creation of family health?" Davis asked. "We need to be able to let go and hold on at the same time. The magic of ritual is that it facilitates both change and continuity.""}

Richter, Enfield, and Klein Keiper took center stage with their volunteers for Israeli guests.

Bella Lewis demonstrated how, many years ago, her family performed a traditional ritual: "After wrapping family members are in a circle.

She urged families to share the memories of family rituals and family as a family gathering. "Don't want the conversation of the shabbat to share the memories of your family members," she said. "The gift of memory is a gift of health. It adds structure to family and promotes a structure that promotes health and family." She was reviving and reviving, she was getting reviving and reviving spiritually:

They didn't let me see the wires but the whole experience was a "willing" and exchanging experience for me. I accepted, repaired and repaired backets that held pad transmitters and remotes. I also paid the three sections of jean ester. The last few days

Elenor Klein (L) enjoyed the dinner with her daughter Elise Leven (L) and Julia Fridman (R).

www.jewishrichmond.org

A Doll in Theresienstadt... [Memories of a Child Survivor]

Yom HaShoah - Holocaust Remembrance Program
April 19, 2001

The Jewish Community Federation of Richmond
National Survey Details
American’s Israel Attitudes

Continued from page 1

Israel Foreign Ministry. 1400 individuals were interviewed. The sample was divided into four categories: general public, 400 interviews; “elites” (those with high income and education levels) 200; American Jews 400; influential Americans (journalists, legislators, businessmen and other community leaders) 250.

The major findings were:

37% say the Middle East and the current situation between Israel and the Palestinians is the most important foreign policy problem facing the new administration.

75% follow Middle East news closely.

66% of all Americans and 75% of elites favor a two-state solution.

68% have a favorable attitude toward the Palestinian Authority.

54% of general public and 63% of elites favor Chairman Arafat.

80% believe the US should help the Palestinians.

66% believe the US should help defend Israel; if necessary.

66% believe the Israelis deserve a sovereign state.

JCFR Joins Paper Clip Project

The Jewish Community Federation of Richmond has begun to collect paper clips, one for each member of the Richmond Jewish community, to help students at a Tennessee middle school understand the magnitude of the Holocaust. As an after-school prejudice awareness project, 8th-grade students at Whitwell Middle School in rural Tennessee are trying to collect six million paper clips, one for each Jew who perished at the hands of the Nazis.

Project organizers say they chose paper clips following the example of Norwegians who wore them on their clothes during World War II to silently protest Nazi and anti-Semitism. They have invited communities across the nation to help them meet their goal. Thus far, they have collected two million. Teachers and students hope that individuals will respond with small contributions.

Continues on page 3

New Americans Will Receive Passover Holiday Gift Boxes

All 185 New American families in the greater Richmond area will receive holiday gift boxes from the Jewish Community Federation of Richmond for Passover. The boxes will contain an assortment of Passah items and a Russian language Haggadah. “We wanted to be sure that everyone in the community could participate in the joy of Passover,” said JCFR President Stewart Kasen. “This is just a little way to help ensure that this important segment of our community will be able to read the Haggadah and enjoy the holiday.”

“The Richmond community went to great lengths to help our New American brothers and sisters to establish homes here,” said Marsha Hershit, JCFR Executive Director. “This small gift is just part of our ongoing efforts to be sure that they are able to enjoy a Jewish life as well.”

Getting Rewired...Part 1

Continued from page 2

All volunteers for Israel wear the insignia of Sion on their uniforms.

I was moved to tank helmets that have the radios ensconced in them. Thirty helmets in need of repair arrived almost daily, and there was a backlog of many days waiting to be repaired. My job was to separate the three parts, the helmet, the fabric liner, and the earphones and microphone. Other people repaired the helmets, the fabric went to the laundry, and the earphones and microphones were rebuilt and tested. Most of the sorting, scraping, painting, and disassembling went to the men. The women carried out the delicate rebuilding functions. The very experienced soldiers were repairing the more intricate pieces of equipment.

This base just began using volunteers. They have facilities for only ten people. The volunteers came from all parts of the world. Besides the two of us from Richmond, there were three from Toronto, one each from Los Angeles, Germany, Holland, South Africa, and New Zealand. Only five of us were Jewish. They were all intelligent, worldly people whose belief and dedication to Israel’s position was encouraging. I wish the world leaders, journalists and other opinion makers could talk to these people whose thinking seemed so logical and humanitarian.

Meals were different but adequate. You do not get hungry. Breakfast and dinner are indistinguishable: eggs, salad, cheese, and a hot, sweet, brown liquid.

Evelyn Kessler repaired and tested jeep radio handsets for the USA.

Among other tasks, Sidney Kessler painted sections of jeep antennas.

They call tea, (like you have never had).

Lunch is the big meal, plenty of chicken, meat, potatoes, rice, couscous, vegetables, at least four different salads, and oranges and persimmons. Most of the vegetables and salads are new experiences for your taste buds.

The dining hall gave us a chance to talk casually to the soldiers, young men and women. They are eager to practice their English. On the first day a nineteen year old woman asked, “Who are you? What are you doing here?” When I explained who we were, I got a pat on the shoulder and a warm “Thank you.” We were genuinely proud to represent Richmond. The only soldiers who seemed to know anything about Richmond mentioned cigarettes, Marlboro, and Philip Morris. So much for the proud history of our city.

A few men and women gathered around us one day and were dismayed. “You live in America, you paid your own way to come do this work. You have a good life in America. Why are you here?” The answer was easy. “So that you might have a good life too.”

To be continued...
HIRSCH
Margaret A. Hirsch, 88, of Richmond, died Monday, January 31, 2000. She is survived by her sister, Susanne Hirt of Richmond, and many devoted friends. Miss Hirsch was a retired employee of Jewish Family Services. She was a member of Congregation Or Ami. Funeral services will be held 1 p.m. Wednesday, February 2, at the Central Chapel of Bennett Funeral Home, 3215 Cunliff Ave. Interment will be private in Emek Shalom (Forest Lawn). In lieu of flowers, contributions may be made to Jewish Family Services, 6718 Patterson Ave., Richmond, Va. 23226.

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A group of male students at the University of Maryland are thwarted in their efforts to raid one of the women's dormitories during last night's outburst of campus exuberance.

There seems to be a tug of war going on over the door handle and one student appears about to make off with the door mat.—Royal Hart Studio Photo.
WORLDS OF RICHMOND:
A Celebration of Ethnic Life

We are a nation of nations, a country rooted in the immigrant experience. And on July 4 we celebrate the centennial of our most famous immigrant and most treasured symbol—the Statue of Liberty.

Despite Richmond’s reputation as a city long on white bread and ham biscuits and short on cultural diversity, it is home to a surprisingly rich ethnic population. Some groups, such as the Greeks and Jews, have long been assimilated into Richmond’s mainstream. Others, such as the Cambodians and Vietnamese, are refugees and arrive daily to start life again in our community.

In the spirit of this summer’s celebration of Lady Liberty’s 100th birthday, what follows is STYLE’s celebration of some of Richmond’s most visible ethnic groups—Greeks, Jews, Rastafarians, Indians and Asians—groups that enrich the city with their color and customs and keep before many of us the immigrant past of our parents and grandparents.

In the 1870s, when Daniel Boone roamed the forest of what would be called Kentucky, he was there to survey land on the Licking River for his firm of Cohen and Isaac, popularly called “the Jew Store” of Richmond. The Jewish community in Richmond has grown steadily since then, and as waves of immigrants moved in from Germany and then from Eastern Europe, the names of Thalhimer, Schwarschild, Binswanger and Walter D. Moxes replaced Cohen and Isaac in the mind of the public as premier merchants of the city.

Characterizing Richmond’s current Jewish community is not easy. Everybody eats bagels nowadays, and Jews look like anybody else, which, in the Jewish tradition, reminds me of a story: A Hasidic rabbi in his long robe and full beard makes a business trip to a small town in Mississippi. As soon as he steps off the train, children follow him through the streets, fascinated by his appearance. They begin to tease him. Finally he turns to them and says, “What’s matter, you kids never seen a Yentl before?”

To describe the Jewish community, it is possible to take refuge in numbers pulled from a demographic study published in 1984 by the Jewish Community Federation of Richmond, the major fund-raising organization for the community. The study found the number of Jewish individuals in Richmond to be around 8,000, comprised of a “small native population and a constant influx of Jews from elsewhere, especially New York.” There are fewer one-parent families than the national average, unemployment is practically non-existent and virtually all children 18-22 still live in their parents’ households are in college.

Seventy percent of Richmond’s Jewish community lives in the West End, near and far—which comes as no surprise to the 11 percent of the Jews trying in vain to buy matzo for Passover on the South Side. Of the occupational categories listed in the survey, the largest number is (surprise) doctors—11.6 percent of the men and 2.2 percent of the women.

So much for the statistics, except to say that Richmond’s community supports six synagogues, ranging from “Creative Reform” in which the liturgy is mostly in English to the Oratorio, which only men and women are separated, the service is in Hebrew, and most families keep a kosher house. Richmond also has some Lubavitch Hasidim—the religious fundamentalist sect that is committed to making Jews more aware of their Jewishness by focusing on keeping the commandments (Jews have 613 of them to keep, any one of which is called a “mitzvah”).

Of the Jewish institutions, the Jewish Community Federation is the parent and main funding organization for Jewish Family Services, the Beth Sholom Nursing Home, and the Jewish Community Center and also provides funding for the Mausdale-Hill College program and the Rudin Torah Academy, a parochial day school for grades K-8.

The Jewish family unit is called, in the words of author Herman Wouk, “the family, the tribe, the Mishpokha.” In a broad sense, the entire community is “mishpokha.” Arvin Nurek, recently named executive director of the Jewish Community center, came to Richmond from Canada via Phoenix, Arizona, and declares himself amazed at the degree of cooperation he finds here.

It was not always so. Arriving in Richmond from Baltimore as a bride in the 1930s, one woman remarked on the “segregation and divisiveness” within the Jewish community. The conflict between the “native” German Jews and the recently arrived Eastern European immigrants took its toll on many American Jewish communities, which brings us to another story: A Jew who has been shipwrecked on a deserted island for three years is finally reached by rescuers. Proudly he shows them around the te-
Margaret A. Hirsch, 88, of Richmond, died Monday, January 31, 2000. She is survived by her sister, Susanne Hirt of Richmond; and many devoted friends. Miss Hirsch was a retired employee of Jewish Family Services. She was a member of Congregation Or Ami. Funeral services will be held 1 p.m. Wednesday, February 2, at the Central Chapel of Bennett Funeral Home, 3215 Cutshaw Ave. Interment will be private in Emek Shalom (Forest Lawn). In lieu of flowers, contributions may be made to Jewish Family Services, 6718 Patterson Ave., Richmond, Va. 23226.
From Newspaper

Margaret's Obituary
Kristallnacht Memorial Service

and

Tribute to War Veterans

Emek Sholom Holocaust Memorial Cemetery
Jewish Community Federation of Richmond

Sunday, November 11, 2001
### Loved Ones Who Died in Europe 1933 - 1945 as Victims of Their Faith

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Theirs are no graves, they shall live in our hearts forever.

- Yukov Schwartman
- Berta Schwartman
- The Bistier Family
- Dora H. Bock
- Isa Kopnovitz & 11 Family members
- Greta B. Mattias
- Heine Mattias
- Max "Cor" Windmuster

#### Column V

- Sarah K. Maisela
- Boruch Maisela
- Donna Hirsh
- Miszay E. Steiger
- Shaitel S. Steiger
- Chaim S. Khatschke
- Israel Moskowicz
- Leid Schwartzman
- Raya Schwartzman

#### Column VI

- Herman Lisman
- Nannette L. Gross
- Bernhard Gross
- Ludwig Borycht
- Gertrude L. Borycht
- Edgar Borycht
- Maisa Borycht
- Ottile G. Lowitz
- Sophie K. Rutzel
- Johanna K. Heitnam

#### Column VII

- Rachel Singer
- Felicitza Singer
- Erna M. Singer
- Bernhard Singer
- Sarah S. Ragnenbogen
- Betty Ragnenbogen
- Joseph Ragnenbogen
- Heinrich Ragnenbogen
- Fastel S. Bergoffen

#### Column VIII

- Nechama Shneyder
- Riva Shneyder
- Grute Shneyder
- Ezer Shneyder
- Miriam Shneyder
- Hannah Gelbush
- Riva Katz
- Mayer Katz
- Eta Fedman
- Rachel Grunstein
- Helen M. Grunstein

- Nechama B. Kuszel
- Chaya Gortovnik
- Harshe Kuszel
- Faga Kuszel
- Eliza Kuszel
- Rutha Feinberg
- Yehezuk Feinberg
- Bette Heuberger
- Abraham Heuberger
El Molei Rachamim

God sublime, abounding in compassion, grant perfect rest to the souls of all the martyred children of Israel who gave their lives for the sanctification of Thy name. May they be under the wings of Thy Divine Presence in the celestial realm of paradise, in the sphere of the holy and pure who shine resplendent as the luminous firmament. In their hallowed memory those in this congregation offer charity. Bind up their souls in the bond of life with Thee as their eternal heritage. God of mercy, may they rest ever more in the shelter of Thy wings at peace, and let us say, Amen.

America the Beautiful

O beautiful for spacious skies, for amber waves of grain,
For purple mountains majesty above the fruited plain!
America! America! God shed his grace on thee,
And crown thy good with brotherhood from sea to shining sea.

O beautiful for patriot dream that sees beyond the years,
Thine alabaster cities gleam, undimmed by human tears!
America! America! God shed his grace on thee,
And crown thy good with brotherhood from sea to shining sea.

By: Katherine Lee Bates and Samuel Augustus Ward

Program

Reading of Names on Monument
Reading

Color Guard
Boy Scout Troop #417
Temple Beth-El

Welcome
Inge W. Horowitz, President
Emek Sholom Holocaust Memorial Cemetery

Introduction of Program
Rabbi Lorraine Madway,
Congregation Or Atid

Introduction of Speaker
Jay Ipson, Director
Virginia Holocaust Museum

Guest Speaker
Alvin R. Corwin

America the Beautiful
Cantor Salo Blumenthal & Audience

Candlelighting
Rabbi Lorraine Madway
Alvin Corwin and the Confirmation Class of Congregation Or Ami:
Ben Lacker
Lena Leberstein
Evan Moses
David Reinhart
Benjamin Shapiro

El Molei Rachamim, God of Compassion
Cantor Salo Blumenthal

Mourners' Kaddish
Rabbi Lorraine Madway

Recording

Reading of Names on Monument
Recording
Emek Sholom Holocaust Memorial Cemetery

Inge W. Horowitz, President
Keith Marcus, Vice President
Sheryl Luebke, Secretary
Ted Metzger, Treasurer

Members of the Board
   Tommy Baer
Rebecca Kelch Bennett
   Meir Binshtok
   Ron Binshtok
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   Evelyn Windmueller
Kurt Marcus, Honorary Member

Jewish Community Federation of Richmond

   Stewart M. Kasen, President

   Marsha F. Hurwitz, Executive Director

   Stephen A. Meyers, Chairman
   Jewish Community Relations Committee

Rebecca Kelch Bennett & Ali Kutner, Co-Chairs
   Holocaust Education Subcommittee

Cathy Plotkin, Director of Communications

We acknowledge with gratitude the cooperation of the staff of Forest Lawn Cemetery
Most agree on 3 types of memory, what they do

Continued from first page increase.

The studies, done at the National Institute of Mental Health in 1956 and 1967, were first published in the 1970s but were largely overlooked by memory researchers.

Only when they were republished in 1983 in a book on the neurology of aging did they catch the attention of memory researchers, Mitchell said.

The data were particularly important, he said, because almost all research on memory and aging involves comparing a younger group with an older group.

Longitudinal data, in which the same people are tested years later, are able to establish more strongly that any differences seen are a result of aging itself.

The findings make sense of the long-observed fact that the elderly seem better able to retrieve memories from the distant past than from last week or the past hour.

It is only within the past five years that data on memory in the elderly showed clearly "that it was semantic memory that the elderly rely on for distant memories, while it is a failing episodic memory that interferes with remembering recent events," Mitchell said.

"The memories from long ago are for stories or emotional moments that people have thought about over and over, storing them in semantic memory. Recent memory lapses that plague the elderly are for more everyday events, such as where you put your glasses. Those are part of episodic memory," he said.

The finding about other kinds of memory are also positive.

In a paper to be published this spring in the Bulletin of the Psychonomic Society, Graf shows that although most people experience a strong drop in episodic memory in their 70s, other kinds of memory remain robust.

For example, researchers say that among healthy adults there is generally minimal decline with age in implicit memory.

Implicit memory is at work in situations like recognizing someone you have met before or knowing how to drive a car.

The recognition that implicit memory is distinct from other kinds of remembering came in large part from observations of people with amnesia.

Brain studies of memory suggest that the decline in episodic memory, such as for the list of words, is related to a degeneration of the frontal lobes.

Using a blood flow measure, Endel Tulving, a psychologist at the University of Toronto, found that while people were engaged in episodic memory tasks like remembering words they had just memorized, the frontal lobes were more active.

Other data also point to the frontal lobes as the source of memory problems in the elderly.

Larry Squire, a neuropsychologist at the University of California Medical School at San Diego, found that the more damage to the frontal lobes in amnesia patients, the greater was the loss of episodic memory.

"The frontal lobes decay more quickly in aging than do other parts of the brain," Fergus Craik of the University of Toronto said.
Anne Fischer To Receive Brotherhood Award

Anne Fischer, a long-time volunteer in the Richmond community, has been named as a recipient of the 1989 National Conference of Christian and Jews (NCCJ) Brotherhood Award. Mrs. Fischer will receive the award at the annual NCCJ dinner on Wednesday, December 6, 1989.

Mrs. Fischer is a former recipient of the Distinguished Community Service Award, the Jewish community’s highest honor; and the B’nai B’rith Women’s Sophie Stahl Award.

A clinical social worker, Mrs. Fischer has served as an interim director of the Federation and Jewish Family Services. She has served or currently serves on the Boards of Congregation Or Ami, the Federation, Jewish Family Services and the Endowment Fund.

Anne Fischer

For information about the dinner call Jeff Spence at the NCCJ office 359-2137.
Optometrist focuses on many interests

By Charlyne H. McWilliams
Times-Dispatch staff writer

Allen L. Cohen's inventions can make your eyes shimmer and fingernails dazzle. Cohen, a physicist and a practicing optometrist, has used holography to develop a cosmetic contact lens and two types of artificial fingernails.

The patents he has won stem largely from Cohen being part inventor, part businessman. The inventor in him made use of his background in physics and optometry. The businessman in him spotted a potential market.

Joining those talents was Cohen's skill as a researcher who seems to be interested in many things.

The holographic lenses have a three-dimensional affect because they refract light.

"It was in my field and it was something I could advance," Cohen said, who obtained a patent for his cosmetic lens last year.

After getting a bachelor's degree in physics from Rensselaer Polytechnic Institute in Troy, N.Y., and a master's degree from Columbia University, Cohen became a systems analyst at Computer Sciences Corp. in Falls Church.

During his nine years with the company, Cohen worked with the National Aeronautics and Space Administration to develop computer programs used in satellite launching and tracking. He also worked with the U.S. Postal Service in the development of the extended ZIP code system.

It wasn't until he was 32 that Cohen decided to go into optometry.

"I took a leave to attend Indiana University and I didn't go back [to work]. Instead, I went into optometry," Cohen said.

He added that his wife of 25 years, Hannah, provided him the support to make the change.

In 1976, he started an optometry practice in Columbia, Md. It wasn't until he moved to Richmond in 1979 that he discovered people wanted color contact lenses.

What makes Cohen's color contacts and nails different from those already on the market?

Instead of the flat look of other contact lenses, Mrs. Cohen said, Cohen's lens will "give the eye a shimmering affect.

The recent patents joined Cohen's other patent — for a bifocal contact lens that he developed in his last year at Indiana. The patent, received in 1980, took two years to get.

While developing inventions and obtaining the patents are time-consuming, getting companies interested is the most difficult challenge, Cohen said.

In the case of his bifocal contact lens, an arrangement has led to a lawsuit involving Cohen and Allergan Co. over terms of a contract.

"I have a lot of friends who are inventors and they have the same problem. The court cases are large and expensive and they usually don't want to pursue the case because they are scared," Cohen said.

Cohen also has a trial date set for April 1, 1991, concerning an infringement suit he filed against 3M Co. Cohen said the company's intraocular lens — sometimes pitted in the eye after cataract removal — is based on his invention.

A representative of the St. Paul-based company declined to comment on the case.

"The litigation is really tearing me apart," said Cohen during an interview at his West End home and office.

Despite the obstacles, Cohen is optimistic about the possibility of working with Polaroid Corp. in producing the film for his cosmetic fingernails. He received the patents in 1989 and earlier this year.

Dr. Dick Ingwall of Polaroid invented DMT-128, a holographic film, in the early 1980s.

Cohen thinks that this material can be used in his cosmetic fingernails.

"The material was designed to record holograms," said Ingwall, who is a scientist with the Cambridge, Mass.-based company. "I know people are trying [to use the film] with contact lenses. . . . It's not outrageous."

Cohen said a potential arrangement could include Polaroid producing the film and another company, such as Lee Pharmaceuticals, manufacturing the product.

Although Cohen hasn't been able to get his products to the production line, he has received recognition for his work.

In 1987, he was given an award from the New York Museum of Holography for his theoretical work with holographic optical elements in his bifocal contact lens.

"I was excited and thrilled. . . . It gave me scientific recognition," Cohen said.

But the 49-year-old father of two isn't satisfied with just getting patents and awards.

Cohen said he became interested in law while representing himself in court. He said he wants to get his law degree from the University of Richmond.

However, he doesn't know if it would lead to a law practice.

"It's good for me to move on. . . . I don't have a pattern," Cohen said. For example, he recalled that he had no plans of becoming an optometrist when he was at Indiana.

He added that he isn't planning on inventing any time soon. However, he said he will keep his future project file handy.

"It is very hard to have another goal because you don't know where life is going to take you."

SUPPORT — Allen L. Cohen credits the help of his wife, Hannah, for getting into optometry.
Good choices can start with dirty dishes piling up

11-5-1990

BETTY BOOKER

The following comes to you from deep in the night when shadows cast by the headlights of passing cars creep across the ceiling and down the bedroom walls. That's the time I think when an idea is more pressing than sleep.

Lately the ruminations are about how hard it is to make choices when you are torn among options with positive and negative aspects.

If I were going to be logical — this being the day before an election — I'd put in something here about choice being the essence of the American political process. So here it is. It's your most political choice, unless you're running for office or espousing a cause that is significant to you, don't generate nocturnal contemplation.

What I've been thinking is that most people, including yours truly, fight doing what's good for them.

We stamp our feet like stubborn toddlers and perversely insist on doing things the way we've always done them, and sometimes even when they've outlined their usefulness.

We ingest addictive substances, including unhealthy food, drinks and drugs. We cling to old attitudes, activities and associations that are toxic. Worse, we sabotage our talents.

Using our gifts requires us to propel ourselves from rut by making decisions that reflect our true selves.

When you follow the path less traveled, you find you are standing alone before yourself, it world and God as a responsible, sawed, independent, vulnerable human being. The reward is wholeness, peace and happiness.

It seems to me that daring to do what's and going beyond barriers between you and other people. When you're not faking, other people want to be authentic as well. Authenticity heals.

You find, much to your surprise, that each of us is extraordinarily connected to the whole of humanity.

When you were making choices according to long-accepted conventions and outmoded psychological defenses, you may feel safe because of security in numbers, but fundamentally alone somehow — even if you're surrounded by people. I have heard that complaint often; I've made it myself. After you march to the beat of your own drum, you discover that "alone" is being transformed into unique.

You see that everybody's unique and that we're all running around together being joyfully unique even after lots of people realize it. That feels fantastic and energetic if you see it and decidedly wacky if you don't. No more need be put to your view.

As I said at the beginning of this dead-of-night discourse, making choices that are right for you is hard work because you have to think, deny, rationalize, pout and whine.

But there comes a time in many people's lives when they are propelled by an interior good to make that leap into the unknown. By the way, I can often tell when I'm ready to get off dead center by the dirty dish method — dishes pile up as a sign I'm fiercely fighting change. Who knows, maybe change begins at the kitchen sink.

Despite all the wrestling we do about making choices, I think we really know, in a place deep inside us, when we shy away from making choices that are not because we are paralyzed by trepidation and low self-esteem.

Not honoring that "interior knowing" rocks self-respect.

It's hard to hear that inner self if you're quiet and listen. You can tell when choices of thought and action are right for you because you change deeply, and the changes last.

All choices take, as seemed as first light filtered through the curtain, courage to be and take action, for which we are well-equipped because we are already ourselves.

So I'm going to vote.
Memory
At least 3 types, most agree, and only one fails with age

By Daniel Goleman
© New York Times Service

Forget the old maxim that memory deteriorates with age. The new wisdom, emerging from recent studies, is that there are several kinds of memory, only one of which worsens in old age.

Though psychologists still dispute precisely how many types of memory there are, most agree that there are at least three major types: episodic, for specific events; semantic, for knowledge and facts; and implicit, for skills one exercises automatically, like speaking grammatically or hitting a golf ball.

Semantic and implicit memory do not decline with age, the new studies show. And declines in episodic memory may be a result of such factors as retirement rather than aging itself and may be reversible, psychologists say.

These encouraging findings, and the framework they support, are gaining wide acceptability among memory researchers.

And for scientists trying to understand the workings of memory, the findings offer a major clue to fresh avenues of research and to more models of how the mind stores and retrieves information.

For example, it has long been known that elderly people who forget recent events can still recall memories from the distant past. But the new findings suggest that even this memory loss is not inevitable except in those with an illness that affects the brain.

And, until recently, psychologists had no clear way to explain the difficulties in recalling recent events but not those long ago because the prevailing view was that there was but a single kind of memory, an idea that is still held in some quarters.

The new findings go beyond simplistic ideas about memory to depict a more complicated picture of how memory fares with aging.

"The idea that memory inevitably deteriorates as you age came from studies that only tested one kind of memory," said David Mitchell, a psychologist at Southern Methodist University. "Now we see that there are multiple memory systems, and they each hold up differently as you age."

The type of memory that declines substantially in old age is episodic memory, which deals with specific events like what happened at yesterday's meeting, the name of someone you have just met or where the keys to the car were left.

Peter Graf, a psychologist at the University of British Columbia, said: "The scientific literature shows that episodic memory is stable through the mid-60s, with a slight drop but no real problems for most people. But there is a pronounced drop in the 70s for most people. The drop may be largely a result of retirement and the way that changes how you use your memory; people usually don't exercise their mental faculties as much after work demands stop."

Memory researchers point out that many people develop strategies that compensate for the decline. Apart from writing notes to oneself about things that are important to remember, Mitchell said, "It's possible to store episodic memories in someone else. You ask your husband or your secretary about the details when you can."

Mulling events over or talking or thinking about them later seems to help store the memory in the semantic memory, the overall store of information and experience people accumulate over a lifetime.

"Semantic memory is the seat of wisdom," Mitchell said. "When you make decisions and judgments, you draw on this store of knowledge."

Semantic memory is the most robust, some studies suggest.

In data to be published in Psychology and Aging, Mitchell used a vocabulary test to compare semantic memory in people from 18 to 34 with an older group, ranging from 57 to 83.

Those in the older group scored higher on the vocabulary test. Of 70 possible correct answers, the older group got an average 60 correct, while the younger group scored 51 on average.

"Semantic memory does not decline with age," Mitchell said. "It grows."

Data suggesting that the difference between age groups is from a continued accumulation of information comes from older studies reported by Robert Katzman, chairman of the department of neurosciences at the University of California Medical School at San Diego.

A group of men and women in their 60s were tested on the same vocabulary list that Mitchell used, and then tested again 10 years later.

During the intervening decade of life, the men and women improved their scores by an average of six or seven words, which Mitchell called a substantial improvement.
Note: Among Margarete's writing is "A letter to German Youth." Maybe this inspired her.

Ruth

Campral
(acamprosate calcium)
Delayed-Release Tablets
ERNST WIECHERT

REDE
AN DIE DEUTSCHE JUGEND
1945

ZINNEN-VERLAG KURT DESCH-MÜNCHEN
Wir hatten einmal ein Vaterland, das hieß Deutschland. Es war ein Land wie andere Länder auch. In ihm wurde gearbeitet und gelacht, geliebt und gelitten, wie in anderen Ländern auch. Von seinen Dörnen riefen die Glocken, aus seinen Feldern tönnten die Sensen, in seinen Bergwerken klang das „Glückauf“. Es gab Mühsal und Streit in ihm, Mißgunst und Haß, aber am Abend sang eine Mädchenstimme hier und da das Lied vom Mond, der aufgegangen, und eine Geige jubelte in das Abendrot.

Viele dachten, es sei ein besseres Land als die anderen, und einige dachten, es sei ein schlechteres Land. Aber die meisten waren doch guten Willens, und wenn sie aus der Fremde heimkehrten, schalteten sie oft ein wenig über seine Verbotstafeln, aber sie richteten sich wieder ein, so gut es ging, stellten Blumen in ihre Fenster, stritten über Gott und die Welt und waren getreue Knechte im Weinberg des Herrn.

Und als der erste große Krieg kam, gingen sie gehorsam
OUT THIS BOOK

WATER PAINTING BY THE GREAT MASTERS is stunningly represented in this book. In addition to the more than thirty pages of paintings reproduced in full color there are twenty pages of black-and-white illustrations of the work of the Oriental and as near in line as Dufty and Picasso. Margaret Fairbanks Marcus of the Cleveland Museum of Art—she is an authority on flowers and flower arranging as well as an art historian—has written the accompanying text which will help to make this little volume equally irresistible to lovers of art and lovers of gardens.

The Pocket Library of Great Art will ultimately constitute the most remarkable collection of art-in-reproduction ever published. Each new volume, as it presents the life-enriching values which art can give, will bring you closer to that comprehensive knowledge of the great masters which all cultured people would like to have.

SEE BACK FLAP FOR PRAISE FROM CRITICS

Margarete Hitsch
On the cover portion of FLOWER STILL LIFE by Camille Pissarro (Plate 17)

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