Lieber Gretel und Susi,

Nach Eurem lieben Telephon im Februar (?) habe ich geplant und organisiert und heute endlich definitiv gebucht. Ich werde Euch beglücken, wenn Ihr mich noch immer haben wollt.


Ich werde Euch verlassen - wenn Ihr mich so lange behalten wollt und könnt - am Donnerstag, 19. Oktober 16.50 h. über Boston nach Zürich mit Swiss Air.


Inzwischen habt Ihr wohl auch die Meldung vom Tod von Hans bekommen - wir werden immer weniger. Ich war aber froh, als Euer Telephon kam, zu hören, dass Ihr noch vorhanden seid!

So will ich jetzt nicht mehr länger schwatzen, sondern alles auf gemütliche Tage und Abende bei Euch aufheben. Bleibt gesund bis dahin; ich will es auch tun (!?) und lasst Euch herzlich grüssen von Eurer.

Adresse Johannes: Prof. John G. Knaurer, M.D. SANTA ANA
10362 St. Charles Way Calif. 92705
Habe keine Tel Nr.
- er wird immer wissen, wo bei seinen Geschwistern ich sein werde.

Freunde in Goschen Mrs Eve und Mr Len Foster
24, East Hyerdale Drive GOSHEN CT
06756 Tel. 001-203-491-3571
(dort werde ich vom 7.-ca. 10.X. sein)
Susielehren,
with snow and a
cold wave predicted
for the coming week.
I thought you’d
like to see some
dogwood (or anemo-
nes?) reminding
you of spring.

was so dull.
J am having
a good rest-up
weekend — am
listening to Andre
Watts playing on
Radio — and
thinking of you.
The week was busy
and I answered it
thanks for everything.

Kama Grail
April 25, 1955

Miss Susanne Hirt
Associate Professor and Director
School of Physical Therapy
Medical College of Virginia
Richmond, Virginia

Dear Miss Hirt:

The Board of Directors has asked me to express the appreciation of the Association for your excellent participation in the Institute on Kinesiology. We wish to publish your paper on "What is Kinesiology" and hope that you will send us a copy at your earliest convenience.

Due to mechanical confusion, we did not get a tape recording of your paper on the shoulder. We hope that you will be able to write it up for further distribution. There is no urgency in this request.

Enclosed please find a check to cover your expenses for the Institute and a token of our appreciation for your generous participation.

As soon as all the evaluation forms are returned we will share the enthusiastic response with you.

Thank you again for helping to make our Institute such a success.

Sincerely yours,

Mildred Elson
Executive Director
May 13, 1972

Dear Mom and Dad,

I am now ending a vacation in Europe, and I am writing to say that I hope that you've been well and also to tell you some things about myself that might be interesting to you. I arrived in Denmark in early March, and I visited with some family there for about a month. Since

the beginning of April I have been traveling through Europe with a travel pass and a light heart, and a

heavy backpack. I have thought about you

during much of this trip, because I don't think that I could have been able to travel the

way I have been, if it weren't for the

experiences that you have shown me. With all

the walking with heavy packages and sleeping

on lumpy, bumpy beds, I have seen that

my spine just is not capable of supporting me

comfortably unless I take time out for exercise.

I can't describe what a difference there is

between doing the exercises and not doing them. I

would like you to know that I am very grateful

that you have shown me a way to help

myself. It is a fine thing to be able to make

some compensation for a deformity. I am very

anxious to learn exactly what I am doing

during these exercises. In fact, I am very

anxious to begin medical school. In a sense

the position that I'm in at this time

is fantastic. I'm about to begin medical education,

and there is so much to learn - it thrills

me to think about it. On the other hand,

I'm about to enter a world in which I

will not be able to avoid much ugliness

and suffering, and I am not prepared for it.

I think that I will be able to adjust, but

not become insensitive to the suffering that

many patients undergo, but the ugliness

is another thing. It seems to me that

too often doctors and hospital administrators
best in their own interest and not in the interest of
the patients, and I think this is a terrible offense.
My pen seems to have a mind of its own – I don’t
know how I got on that subject. This letter was
meant to express my appreciation to you. I look
forward to seeing you in the fall, and I
hope that you enjoy your summer. I have
heard that there is very nice weather in Richmond,
and I am envious, because here it is quite
cold and rainy and spring hasn’t really arrived.
Most people are in very high spirits when
the sun makes an appearance.

Sincerely,
Caren

TO OPEN BUT

RECEIVER'S NAME AND ADDRESS (PLEASE SHOW YOUR POSTCODE)

Caren Bond

AN AIR LETTER SHOULD
NOT CONTAIN ANY ENCLOSED;
IF IT DOES IT MAY BE SURCHARGED
OR SENT BY ORDINARY MAIL

SECOND FOLD HERE

BY AIR MAIL
AIR LETTER
AIR AVION AEROGRAMME

Mr. J. Birt
Department of Physical Therapy
Medical College of Virginia
MCV Station
Richmond, Virginia 23298
S.A.
Too much dance for 1 night

Introspective pieces in Yes, Virginia — Dance! would benefit from breathing room

BY ADELINE LEWIS

It takes eight annual Yes, Virginia — Dance!, the mid-30s professional contemporary modern dance company, to breathe enough life into their performances.

Suzanne Hirt, MCV professor, dies

In 1945, she started teaching at new school of physical therapy

BY ALLAN HERSHEY

Suzanne Hirt, who had helped to organize the Department of Physical Therapy at the University of Virginia, died in her 90s.

Fairfax report anticipates told of bird-flu outbreak

Veterans

- FROM THE PRESS Release

Purdue University and the VA have also developed a computerized system for patients to access their medical records.


did not provide any significant or important variation to the program presented.

The Associated Press

TAYLOR

Leah M. Taylor, 86, of Davidsonville, was reviewed by the coroner, who said she died of natural causes.

WASHINGTON

Wisconsin Department of Health Services

BOSTON

Michael W. Taylor, 91, of New York, was survived by his wife, Emily; four children; and 12 grandchildren.

Boy

Virginia Johnson Ross, 86, of Chatham, was a cancer survivor.

STAFF

The grand opening of the new era was celebrated with a ribbon-cutting ceremony.

FAIRFAX

The Fairfax report anticipates a bird-flu outbreak, stating that the virus could spread

WILKIE

Charles A. Wilkins, 89, of Washington, D.C., was a member of the District of Columbia Bar and was one of the last to die in connection with the original outbreak of bird flu.

ROBERTS

The Roberta Thompson, 77, of Virginia Beach, was a retired teacher, who had taught Catholic school students in Virginia Beach for many years.

SMITH

Mr. Mrs. Smith of the Smith family, who lived in Lynchburg, said it was a great day for her and her husband.

BARNETT

The Barnett family, who lived in Chantilly, said they were pleased to see the new facility.

BOVETEY

James R. Bowes Jr., 91, of Whitinsville, Mass., was a World War II veteran.

BARKER

Mr. Mrs. Barker of the Barker family, who lived in Sussex, N.J., said it was a great day for her and her husband.

TAYLOR

Marble B. Taylor, 87, of Chatham, was a Vietnam veteran and a retired school teacher.

BOWERS

Andrew J. Bowers, 87, of Chatham, was a retired school teacher.

S M I T H

Mr. Mrs. Smith of the Smith family, who lived in Lynchburg, said it was a great day for her and her husband.

ANDERSON

The Anderson family, who lived in New York, said they were pleased to see the new facility.

Barksdale

The Barksdale family, who lived in Virginia Beach, said they were pleased to see the new facility.

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Marble B. Taylor, 87, of Chatham, was a Vietnam veteran and a retired school teacher.

WALTERS

The Walters family, who lived in Virginia Beach, said they were pleased to see the new facility.

WASHINGTON

The performance was held at the Kennedy Center and was attended by a sold-out crowd.

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The performance was held at the John F. Kennedy Center for the Performing Arts in Washington.

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Bay George, 69, of Bridge City, a retired bus driver for the Galveston Independent School District, died February 12, 2009, in Texas City. He was a lifelong resident of Bridge City and had been a resident of Beaumont since 2002. He was a member of Community Baptist Church, Bridge City. George was a member of the American Federation of State, County and Municipal Employees. He is survived by his son, George C. George, II, of Beaumont; three daughters, Helen Maxfield of Bridge City, Mary McDonald of Bridge City, and Tammy della Record of Beaum
Certificate of Appreciation

The Shepherd’s Center

gratefully recognizes

Sue Hirt

for special volunteer service to

The Shepherd’s Center

Janyce H. Olsen
Executive Director

E. R. Trice
Board Chair
Even if you are 80, you can recapture the natural, safe mobility of youth

By Ellen Robertson
News Leader staff writer

When the aches and pains of middle and old age strike, people rue the loss of the unrestricted movement of youth.

"The most natural example of human mobility is ... a baby on the floor," says Susanne B. Hirt. "See how the baby twists, rolls over, stands on its hands and knees. If you watch closely, you see the natural relationship of the whole human skeleton as the hand moves, the neck, the shoulders and so on ... It's all interrelated. And you think, if only I could move in harmony again like that baby.

Miss Hirt, who retired in 1968 as head of the physical therapy department at the Medical College of Virginia of Virginia Commonwealth University, is teaching the elderly here to do just that — to restore the natural, safe kind of mobility they had when they were children, through gentle Feldenkrais exercises.

The exercises, which emphasize visualization and body awareness, were developed by the late Russian-born Moshe Feldenkrais (pronounced FELL-en kiss), a noted physicist, mathematician and judo expert who worked with French scientist Marie Curie and later lived in Israel.

When he injured a knee playing soccer and doctors said he would never walk again without surgery, Feldenkrais studied medicine, anatomy, neurology and related fields to figure out how he could use knowledge about the knee to fix his injury. His idea was, "If I can think about what the body can do, I can figure out how I can move so I won't hurt myself," explained Miss Hirt.

After succeeding in fixing his knee, he studied movement of the entire body and used the knowledge "hidden in the anatomy and physiology" to develop safe, non-stressful exercises to help people who had physical problems.

The major thrust in Feldenkrais exercise is teaching students "how to rediscover natural, inner movement patterns within their own bodies," said Miss Hirt, a petite, energetic woman who speaks with a trace of a German accent.

The Henrico County resident teaches beginners and advanced classes for the VCU Free University at First Presbyterian Church here. Her Thursday classes for the fall semester are filled.

"For any age, these are truly safe exercises," she said. "No one is ever expected to do something that doesn't feel right. Age in itself is no limit, and disability is no limit. I'm not saying a

person who is paralyzed can regain muscle power. Mobility can be enhanced where mobility is possible. Most elderly who are interested in improving mobility can benefit from the exercises.

"You see, the brain has not really forgotten the movements we could do as children," she said. "The skeleton is used to obeying the brain. It is talking to the body and asking it to produce movement.

"There is no reason to believe that you can't recover your mobility, when you are 80 or any age. If you give yourself the opportunity to release it ..."

Seventeen people, including a woman in a wheelchair, sit in a circle as Miss Hirt begins her beginners class recently.

"You're here to learn how your body is moving," she told the group. "Do you know how I'm sitting? What do I do at the way I'm sitting? What do I have to do to make myself comfortable? Where's the easiest part of the body to make comfortable? Do something to make your feet comfortable. Do you have two? Is one more comfortable than the other?"

Students loosened their shoulders and legs and then started gentle twisting motions that made them aware of the position of pelvis and knees.

"Put your left hand behind you," Miss Hirt then directed. "See what you can see behind you. Do it slowly. Think, what I am doing to turn around? You do it all the time when you drive. Your whole body goes into a total, gentle twist. We are born with the instinct to rotate our bodies to see what's going on. Your body is built to twist and rotate.

After exercises to loosen the back, those who felt comfortable did them for floor movements. "Lie there and experience your body," said Miss Hirt. "Allow your body to yield. Allow it to be supported gently, comfortably. What does your neck feel like? Roll it gently from side to side. Feel yourself as you move. Your head as you move."

"I hope you enjoy your new bodies," she told them as they finished their exercises.

Among the 15 women who showed up for her advanced class was Deryl Hunt of Henrico County. An aspiring backache propelled her to Miss Hirt's class two years ago.

"When she saw me, I couldn't move. Even the doctor couldn't help me," Mrs. Hunt said. "She did." Her back no longer bothers her, she says. "The wonderful thing about these exercises is the more you do this, the better you feel."

"Movement is life," said Miss Hirt. "Without movement, life is useless."

"Once you have the feeling you're in control of your body, you can get rid of tensions and anxieties. If you feel you can help yourself and understand what you're doing, it's a wonderful, calming experience."
Sound of Music Enlivens Study At Each Locale

All three branches of the Open University will be tuned up in the fall but each will have its own special rhythm.

Gilbert & Sullivan will set the beat on the South Side. The class, entitled "Just As Funny Today" will be taught...

Mary Frances Minton with Husband, Paul; Sue Hirt (right) with Kitty Pinder.

VCU Students Will Get Class Here Next Fall

While Shepherd's Center students may be as young as they feel, next fall five of them will not just feel young, they'll be young.

These five students will be assigned to the Center to earn credit in a new Virginia Commonwealth University course, "Discovering Richmond". The course, headed by Dr. John V. Moeser, is designed to introduce first-year students to the Richmond metropolitan area.

Seen as a way of enabling students "to understand the responsibilities of citizenship", the course features service learning as a major component.

The Shepherd's Center is one of five area agencies asked to participate in this initial service learning program. Others are Carver Elementary School, The Daily Planet, Office of Refugee Resettlement of the Catholic Diocese of Richmond, and William Byrd Community House.

The students will spend 10 two-hour sessions in Center activities. Included will be office orientation, attendance at the Open University, work with a volunteer, six weeks of visiting one person.

For credit, the students will have to keep a journal about these activities and will be graded on it.

Hirt and Minton (From Page 1) editing the annual publication of "Shearings", featuring work by her students.

Two of her students' stories were entered in a national competition last year.

Ms. Hirt was head of the physical therapy department at Medical College of Virginia before her retirement. Mrs. Minton was a member of the English faculty at Virginia Commonwealth University.

Speaker at the luncheon, held at Reveille United Methodist Church, was Bishop Walter Sullivan of the Catholic Diocese of Richmond.
Miss Sue Hirt  
7301 Normandy Drive  
Richmond 23229

Dear Sue:

On behalf of The Shepherd's Center, I want to thank you for your willingness to once again teach a class at our Open University. We are very pleased that you continue to share your time and talent so generously with us.

This is to confirm that you will teach Feldenkrais - Awareness Through Movement at 1:30 p.m., First Presbyterian Church, 4602 Cary Street Road. The Open University will meet each Thursday for eight weeks from September 18 through November 6. Each class period lasts 50 minutes.

I am delighted you were able to work out a schedule with Carol that gives you some free time. Thank you for that extra effort.

If you have any questions or need anything for your class, please call me at 355-7282.

Because of generous volunteers like you, The Shepherd's Center has been able to offer exciting learning opportunities to its members since 1984. We know it will continue in the fall term. Thank you for the important part you play in making that possible.

My best to you and Marguerite.

Sincerely,

Janyce R. Olson  
Executive Director

4900 Augusta Avenue, Suite 102  
Richmond, Virginia 23230  
(804) 355-7282
Dear Sue,

On behalf of the Shepherds Center, I want to thank you for another successful session at the Open University. Your generosity in sharing your time and talent with us through the years has been extraordinarily helpful to many people. Many people have been helped by your careful preparation and clear presentation.

I hope you found it helpful to schedule Carol and Nancy in your place. Thank you for accommodating all of that.

It will be good to see you Thursday, June 12 at 11 a.m. Then I can officially thank you and read you what I said at the lunch.
Dear Sue,

On behalf of The Shepherds Center, I want to thank you for another successful session at the Open University. You have been extraordinarily generous in sharing your time and talent with us throughout the years. Many, many people have been helped by your careful preparation and clear presentations.

I hope you found it helpful to schedule Carol and Nancy in your place. Thank you for arranging all that.

It will be good to see you Thursday, June 12 at 11 a.m. Then I can officially thank you and read you what I said at the luncheon.

When special people touch our lives, then suddenly we see, how beautiful and wonderful our world can really be.

Thank you for all your volunteer efforts on our behalf.

Love, 

Janice
May 30, 1976

Dear Sue,

On behalf of The Shepherds' Center, I want to thank you for teaching Feldenkrais once again at the Gen University. You have a very devoted group of participants who benefit regularly from your classes, and we all think highly of your work and know we are all lucky to have you share your time so generously.

I am hopeful with the long summer
break you will find respite from your volunteer work. But we are eager to have you back with us come September 26.

In the weeks ahead when planning gets underway, I will be in touch to discuss this with you. Should you want to reach me before then, please feel free to call me at 355-2282.

The Shepherd’s Center program is enriched by you. We are grateful.

Sincerely, Janice
**Making High Marks**

Kirby Nuckols and Chester Holt, who attend the Open U., were featured in "School Days", the newsletter for Henrico County Public Schools, because of their volunteer work in the schools.

**Rewards for Rehab**

Opal Thomas has been honored by Sheltering Arms Hospital for 35 years of volunteer work at the rehabilitation facility. Honored for 15 years of service was Maxine Harman. Opal is a Shepherd's Center volunteer and Maxine, a former board member. Both are Open U. students.

**Cupid Strikes Again**

Candy Materne and Delancey Jones were married in July. The Joneses will live at Westminster-Canterbury, where she resided before their marriage. They also plan to spend part of the year at his condominium in Williamstown, MA. Candy has served as a Shepherd's Center volunteer driver.

**Knight of Knights**

David Brame, board member and volunteer driver, recently completed his third term as grand dragon of the Monsignor O'Connell council of the Knights of Columbus. He has been an active member of St. Paul's Catholic Church for many years.

**The Torch is Passed**

Betsy & John Mapp have been named co-directors of Region III of the Torch Clubs of America. Both are past presidents of The Shepherd's Center.

---

Bob Kloeti; Buddy Harlan, Vice President; John Leard, President

**John Leard is Elected President of Center**

John Leard was elected president of The Shepherd's Center of Richmond at the final board meeting in May. He succeeds Dr. E. Randolph Trice, who will continue to serve on the board.

A member of the board and an active Open University participant, Leard also is one of the volunteer drivers. Before retiring, he was executive editor of Richmond Newspapers Inc.

Buddy Harlan was elected to the vice presidency.

Doris Russ and Virginia Hall were re-elected secretary and treasurer respectively.

Four new board members, elected at the same session, are Dr. Robert Erickson, Dr. Isadore Friedberg, Marion Hunter, and Dr. Sara Little.

Re-elected to the board were Sylvia Costen, Eugenia Williams and Dr. Trice who had served full terms earlier.

**Hirt and Minton Honored at Fete**

Sue Hirt and Mary Frances Minton received special recognition at The Shepherd's Center luncheon honoring volunteers in May.

Both have taught in the Open University for many years.

Sue Hirt has led the Feldenkrais exercise program since 1985. During the early years she taught two levels of classes at the West End location.

Mary Frances Minton has taught "Writing Your Life's Story" each week at all Open University branches since 1992. She has instructed 46 classes. In addition, she has been responsible for

(Continued on Page 2)
Mary Frances Minton with Husband, Paul; Sue Hirt (right) with Kitty Pinder.

**VCU Students Will Get Class Here Next Fall**

While Shepherd's Center students may be as young as they feel, next fall five of them will not just feel young, they'll be young.

These five students will be assigned to the Center to earn credit in a new Virginia Commonwealth University course, "Discovering Richmond". The course, headed by Dr. John V. Moeser, is designed to introduce first-year students to the Richmond metropolitan area.

"Two of her students' stories were entered in a national competition last year. Ms. Hirt was head of the physical therapy department at Medical College of Virginia before her retirement. Mrs. Minton was a member of the English faculty at Virginia Commonwealth University."

Speaker at the luncheon, held at Reveille United Methodist Church, was Bishop Walter Sullivan of the Catholic Diocese of Richmond.

**IN MEMORIAM**

Gifts to The Shepherd's Center have been received in memory of:
- Charles S. Brown
- Leah Nachman Finch
- Jane Bell Grinnan Gladding
- Virginia Hobbie
- Bernard B. Howell
- Ralph Jeter Lambert
- Anne Harrison Shepherd Lewis
- Emlyn Marsteller, Jr.
- Hermine Moore Nichols
- Clara Bell Oliver
- Ralph M. Ware, Jr.

Cards are sent to families of those remembered by gifts, which are tax deductible. Send "In Memoriam" checks to The Shepherd's Center, 4900 Augusta Ave., #102, Richmond, VA 23230.

**Sound of Music Enlivens Study At Each Locale**

All three branches of the Open University will be tuned up in the fall but each will have its own special rhythm.

Gilbert & Sullivan will set the beat on the South Side. The class, entitled "Just As Funny Today", will be taught by Dr. Paul Minton. "Rigoletto" will be the grand opera under discussion in Dr. Miles Johnson's class at the West End. And on the North Side, Jon Longaker will teach a class on Anglo-American folk songs.

Dance—well, sort of dance—will be taught at the West End. "Improvisational Dance Movement" is actually the name of a new class to be taught by Frances Wessells.

Also new on Thursdays will be a class on "Heritage of Christian Faith" taught by the Rev. Wendell Taylor.

A new Friday topic will be "Readings in King Arthur", headed by Dr. James Edward Duckworth.

And "Biomedical Milestones in History" will be new on the Monday schedule. Dr. E. S. Higgins will be the professor.

The complete schedule is enclosed and remember, one tuition entitles students to attend all three locations.

**Shore to Mountain To Be Travel Span**

The high and the low in a geographic sense is the range of fall tours planned.

The Blue Ridge mountain trip is set for Nov. 19. Then travelers will visit Oak Ridge, the estate of Thomas Fortune Ryan, and have lunch at Rodes Farm.

Earlier, on Oct. 8, the tour will be at sea level. Participants will take an all-day cruise across Hampton Roads harbor, by the Norfolk Naval Base, through Great Bridge Locks, along the Intracoastal Waterway. Both breakfast and a buffet lunch will be served.

On Dec. 10, travelers will go to Washington. There Frances Boswell, chairman, promises "Christmas galore!" Call her at 266-3544 for more information or to reserve a place.
Certificate of Membership

APTA
American Physical Therapy Association

HEREBY CERTIFIES

Susanne Hirt, PT, MS

IS A MEMBER IN GOOD STANDING AND HAS AGREED TO COMPLY WITH THE CODE OF ETHICS OF THE AMERICAN PHYSICAL THERAPY ASSOCIATION.

2003

Chief Executive Officer

President
Certificate of Membership

APTA
American Physical Therapy Association

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2002

Francis J. Nalle
Chief Executive Officer

Barbara Massey
President
Certificate of Membership

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American Physical Therapy Association

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2001

Francis J. Menzo
Chief Executive Officer

Bert Massery
President
VIRGINIA COMMONWEALTH UNIVERSITY

This is to certify that

Susanne Hirt

is recognized for
service to the university as

Member

of the
First Annual Fund Committee
1982–1983

Edmund F. Ackell

Edmund F. Ackell, D.M.D., M.D.
President
FELDENKRAIS GUILD®

of North America

This certifies that

Susanne Hirt

has fulfilled the requirements for professional practice of the

Feldenkrais Method®,

Functional Integration® and Awareness Through Movement®
as developed by Moshe Feldenkrais, D.Sc.,
and is recognized as a

Guild Certified Feldenkrais Practitioner™
for the years 2001 and 2002.

George A. Krutz
President

Barbara Bronfman
Executive Director

Valid until December 31, 2002

Feldenkrais Method®, Functional Integration®, and Awareness Through Movement®, are registered service marks; and Guild Certified Feldenkrais Practitioner™ is a certification mark of The FELDENKRAIS GUILD®.
FELDENKRAIS GUILD®

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Guild Certified Feldenkrais Practitioner™
for the years 1999 and 2000.

Certificate No. 0908

President

Executive Director

Valid until December 31, 2000
The FELDENKRAIS GUILD®
of North America
This is to certify that

Susanne Hirt

has fulfilled the requirements for professional practice of the
Feldenkrais Method®
Functional Integration® and Awareness Through Movement®
as developed by Moshe Feldenkrais, D.Sc.,
and is recognized as a
Guild Certified Feldenkrais Practitioner™
for the years 1997 and 1998.

[Signature]
President

[Signature]
Executive Director

Certificate No. 0698

Feldenkrais, The FELDENKRAIS GUILD, Functional Integration, Awareness Through Movement,
and Guild Certified Feldenkrais Practitioner are Service Marks of The FELDENKRAIS GUILD.
Valid until December 31, 1998
Excellcare, Inc. awards this certificate of completion to

Susanne Hirt

as evidence of having attended and participated in the educational program

The Feldenkrais® Method

instructed by Anat Baniel of Movement Coordination Learning, Inc.

presented on December 2 and 3, 1995 at the Hotel Intercontinental, Chicago, Illinois

sponsored by the Excellcare, Inc. and the Claremont Rehab and Living Center

Excellcare
The Feldenkrais Guild of North America

This is to certify that

Susanne Hirt, M Ed, PT

has fulfilled the requirements for professional practice of

The Feldenkrais Method®

Functional Integration® and Awareness Through Movement®

as developed by Moshe Feldenkrais, D.Sc.,

and is recognized as a

Guild Certified Feldenkrais Practitioner®

for the years 1995 and 1996.

Michael Russell
President

Administrator

Certificate No. 0898

Valid Until December 31, 1996
This is to certify that

Susanne Hirt, M.ED, P.T.

has fulfilled the requirements for professional practice of

The Feldenkrais Method

Functional Integration and Awareness Through Movement

as developed by Moshe Feldenkrais, D.Sc.,

and is recognized as a

Guild Certified Feldenkrais Practitioner

for the years 1993 and 1994.

Michael Russell
President

Administrator

Valid until December 31, 1994
MEMORANDUM

Date: September 27, 1982
To: Ms. Susanne Hirt
From: Edmund F. Ackell, D.M.D., M.D.

You have been with MCV/VCU for over 37 years, in which time you have worked to enhance the quality of our University and, in particular, the Department of Physical Therapy. Your efforts on behalf of our University are appreciated and your leadership will be missed.

Your reputation as an internationally renowned physical therapy educator and clinician and involvement in physical therapy activities have not gone unnoticed. Your efforts have reflected well on our University and for this we are also grateful.

Dr. Barker has extended to me an invitation to attend a reception observing your retirement. Unfortunately, I will not be able to attend as I must be on the West Coast for meetings that day.

Thank you, again, for your many years of dedication and hard work. I wish you an enjoyable retirement and hope to see you again in the near future.

EFA/bjf
MEDICAL COLLEGE OF VIRGINIA

Certificate of Award

In recognition and appreciation of
Twenty Years of Service

Suzanne Birt

May 1966

J.B. Redford
Dean or Department Head

D.S. Cumming
President
TREES FOR ISRAEL

AND WHEN YE SHALL COME INTO THE LAND AND YE SHALL PLANT (Deuteronomy 20:22)

To make beautiful again the Holy Hills around

The Hadassah Hebrew University Medical Center

Two Trees have been planted in Israel. In honor of your Special Birthday with love, Gretel

Jewish National Fund

 duas wets Szaxi
John F. Barnes’

Myofascial Release I

Seminar & Workshop

THIS CERTIFIES THAT

Susanne Hirt, P.T., M.Ed.

Has completed a 20 hour course (2.0CEU's)
in theory, practice and clinical application of
Myofascial Release Techniques.

MFR
THERAPY CENTERS & SEMINARS

JULY 19, 1987
DATE

INSTRUCTOR - JOHN F. BARNES, PT

THIS IS NOT A STATEMENT OF COMPETENCE
OR THE STATUS OF THE PARTICIPANT,
AND DOES NOT REPRESENT QUALIFICATION.
INTERNATIONAL AMBASSADOR

MISS SUSANNE HIRT

People-to-People recognizes your contribution
of personal diplomacy as a travel abroad participant.

[Signature]
President
July 17, 1984

Ms. Susanne B. Hirt
7301 Normandy Drive
Richmond, VA 23229

Dear Ms. Hirt:

Thanks again for your excellent presentation in our 1984 ELDERHOSTEL/MCV. Needless to say, the students loved you, and I plan to be in touch with you in the future about doing an entire course.

Thanks again for your enthusiasm and gracious giving of yourself and your expertise to the program.

Sincerely,

Ruth B. Finley

Enclosures
Medical College of Virginia
VIRGINIA COMMONWEALTH UNIVERSITY

This is to certify that

Professor Susanne B. Hirt

is recognized for

ELDERHOSTEL

Ruth B. Finlay  
D.L. Snyder

June 22, 1984
Tribute to Sue Hirt

Ms. Susanne B. Hirt has retired from the position of Professor and Chairman, Department of Physical Therapy, School of Allied Health, Medical College of Virginia, effective August 1, 1982. Ms. Hirt leaves after completing thirty-four years as Chairman of the Department.

During her distinguished thirty-seven year affiliation with the Medical College of Virginia, Ms. Hirt has made outstanding contributions to the field of physical therapy as a clinician, educational administrator, and as a master teacher of exceptional caliber.

Ms. Hirt was born in Germany and was a candidate in medicine at the University of Berlin and later at the University of Vienna, Austria from 1931-1935. Shortly thereafter she came to this country and received a certificate in Physical Therapy in 1942 and a Bachelor of Science in Physical Therapy in 1948 from the University of Wisconsin. Ms. Hirt worked as staff physical therapist at the University of Wisconsin General Hospital immediately after her graduation in 1942, and it was there that her teaching talents were quickly recognized. As an Instructor in the University's School of Physical Therapy, she taught anatomy and pathology to physical therapy students from 1943-1945.

Experiencing a turn in her professional career, Ms. Hirt came to the Medical College of Virginia in 1945 as Assistant Professor of Anatomy and supervisor of the polio clinics. She became Technical Director of what was then the School of Physical Therapy, Medical College of Virginia in 1948, and completed her master of education degree at the University of Virginia in 1956.

It would be virtually impossible to list the contributions that this remarkable lady, teacher and friend has made to the profession of physical therapy. She has consistently supported and served the American Physical Therapy Association through four decades of professional activity. She was a Director of the Association from 1956-1960, and has served on the Executive Committee and as President of the Virginia Physical Therapy Association. In these capacities she constantly demonstrated her commitment to the highest standards of clinical practice and education. Her search for professional ideals led her to serve numerous times as Virginia Delegate and Chief Delegate at the Annual House of Delegates of the American Physical Therapy Association. She is currently an active member of the American Physical Therapy Association's Committee on Accreditation in Education, and has utilized her talents and boundless energy toward many health related areas, being a member of several professional societies and associations. Ms. Hirt’s respect for research and the sharing of professional expertise has manifested in the publication of many journal articles and textbook chapters. She is a co-author of Scientific Bases for Neuropsychologic Approaches to Therapeutic Exercise (1977), a text widely used in physical therapy therapeutic exercise classes today.

Throughout her career in physical therapy, Ms. Hirt’s clinical and educational skills have been shared with many persons fortunate enough to know and study under her guidance. Her performance as a teacher has been incomparable; through her tremendous influence hundreds of students have become leaders in the field of physical therapy. Her professional dedication and zest for inquiry are a model that countless students have chosen to emulate. Her warm and gracious manner, sense of humor, and infectious enthusiasm have pervaded in every class that she has taught, and her challenging and demanding approach to physical therapy education has been an inspiration to all MCV graduates, as well as to other therapists who have come to know her.

For her contributions to the profession of physical therapy, the American Physical Therapy Association named her as recipient of the 1981 Mary McMillan Lecture Award, the highest honor that the profession of physical therapy can bestow upon an individual.
Due to her ability and insight, Mrs. Hirt has brought the Department of Physical Therapy at the Medical College of Virginia within the forefront of physical therapy education, and has assisted the program in preparing to meet the needs of the future. With her retirement this year, Professor Hirt's career in physical therapy is far from over. Friends and former students will be most pleased to know that Mrs. Hirt will remain with the Department as Professor Emeritus, and this year will continue to teach histology and neuroanatomy to the junior physical therapy students.

Throughout a lifelong dedication to teaching, administration, research, and patient care, Mrs. Hirt has reflected a love for life and a commitment to the hearts of MCV students for many years. It is hoped that all students, colleagues, and friends will join us in wishing her every happiness in the future.

As an expression of our appreciation, the faculty and alumni of the Department of Physical Therapy has chosen to honor her. The portrait which has been completed, the portrait will hang in an appropriate location in the Department as a truly fitting tribute to the lady who has given so much of herself to the growth of physical therapy at the Medical College of Virginia.

Friends and alumni who would like to contribute to this endeavor are asked to please mark their remembrance to the "Sue Hirt Portrait" and kindly send to:

VCU Annual Fund
228 West Franklin Street
Virginia Commonwealth University
Richmond, Virginia 23284

MCV Report to the VPTA—June 30, 1982

Physical Therapy Education at the Medical College of Virginia is preparing to welcome a new Chairman. Dr. Otto Payton has accepted the Chairmanship of the Department of Physical Therapy, School of Allied Health Professions, effective August 1, 1982.

The School in Richmond appeared on the list of AMA (Council on Medical Education and Hospital who has participated in making this history and contributed to the growth and development of our educational program.

In December 1981, the American Physical Therapy Association approved the physical therapy school in Virginia; it was located in the "College of William and Mary" Division. The Medical Director was Thomas W. Wheeldon, M.D. and the school's address was 37 Wendall Street. The first class graduated from a nine month certificate program. Admission requirements were a Bachelor's Degree in Physical Education or Registered Nurse degree.

The School of Physical Therapy at the University of Virginia opened in 1983. In 1984, the name of the institution was changed to "Richmond Professional Institute, a Division of the College of William and Mary."

The Richmond Professional Institute School of Physical Therapy was under the Medical Director of Dr. Wheeldon until it was discontinued in 1945. During this period, Thomas W. Wheeldon and Alma Cannom served as Assistant Directors. Affiliated clinical facilities were St. Luke's Hospital, the Wheeldon Clinic and the E. B. T. Hospital. We do not know the number of students who graduated from Richmond Professional Institute.

In 1945, the Board of Visitors of the Medical College of Virginia approved the discontinuation of the physical therapy program at the Richmond Professional Institute as the degree granting institution. Dr. H. E. Wheeldon and Sue Hirt joined the faculty as Assistant Professor of Anatomy and Professor of Physical Therapy. In September of 1945, the first class consisted of 12 students.

Baruch Center. In January of 1946, the War Department announced that the Baruch Center at the Baruch Center for a 6 month war emergency course, the only one offered in the country. The first class of 12 students consisted of 3 civilians and 12 Navy nurses. Another group of 17 Navy nurses was sent to the Baruch Center in 1947.

After the school had had three different Directors since its beginning, in 1948 Dr. H. E. Wheeldon offered the position of Dean to Dr. Otto Payton. Dr. Payton accepted and became Dean. Sue Hirt was returned to the University of Wisconsin at that time to complete her education. She originally came to this country after several years of Medical School in Germany and Austria.

Between 1946 and 1952, the graduate program flourished under Dr. H. E. Wheeldon's leadership. A total of 10 students completed the stringent requirements and received a M.S. degree from the Medical College of Virginia. Graduates included well known names such as: Agnes Spall, Margaret Moore and Ruth Latimer. When Dr. H. E. Wheeldon left the Baruch Center in 1952, the graduate program was discontinued.

In 1954 Dr. R. D. Ranger endorsed the request of the Technical Director to establish a two year Baccalaureate program at the Medical College of Virginia. The 12 month Certificate program was discontinued in 1956. The School was now under the direction of the Dean of the School of Medicine and remained so until 1969 when RPI and MCV merged to become Virginia Commonwealth University. At that time the School of Physical Therapy became the Department of Physical Therapy, School of Allied Health Professions. Dr. H. E. Wheeldon was named its Dean and Sue Hirt became the Chairman of the Department.

In 1968, a graduate program for physical therapists was re-established at MCV, inspired by federal traineeships made available through Allied Health Manpower Act. In 1971, Dr. Otto Payton became Chairman of the graduate division of the Department. Course offerings and enrollment rapidly increased during this period to a professional level.

The primary responsibility of a professional education at Richmond Professional Institute is to provide professional personnel to meet the needs of the citizens of that state. In today's mobile society, however, it is possible that many will move in and out of the state and create a mixed population from which to draw. While Virginia may count on receiving a large proportion of its own professional graduates, it is clearly our advantage to be able to train students from out-of-state learning centers, both on the undergraduate and graduate level.

While searching the records, we found that 1989 students have graduated from the MCV program since 1946. Four hundred and thirty-six (436) of these physicians have now completed their training in Virginia according to the records of the State Board of Medicine. We do not know how many people we have trained in Virginia for a limited time before moving on or retiring.

During the past ten years, a faculty strongly oriented toward research and basic science activities has been developed at MCV with clinical expertise in therapeutic exercise, orthopedic physical therapy, cardio-

Clinical Tip

TREATMENT OF OPEN WOUNDS USING A "WATER PIP"

The Physical Therapy Department at the University of Virginia Hospital in Charlottesville, Virginia, is treating a variety of wounds with a commercial water pip, and achieving good results. This technique was suggested to our staff by the Physical Therapy Department at the University of Washington in Seattle where it has been used for several years.

Physical Therapists are very familiar with the use of "water pip" for the treatment of open wounds, and are aware of the time and staff required, as well as the overall cost of the procedure. In an
beginning to provide better wound care, and improved utilization of staff and time when we are using this direct application technique at the patient’s bedside. This form of treatment is more efficient, cost-effective, and patient-friendly. It can be used to cleanse and debride decubitus ulcers while the tissues are healing or in preparation for surgery. Since each treatment is done at the patient’s bedside, the patient’s stay in the hospital is shortened, and it’s kept in their room, the chances of cross contamination are reduced.

We have established a protocol for this procedure with the guidance of the Epidemiology Department to ensure patient and staff safety. We suggest that other therapists do likewise, since certain wounds contain pathogens which require special precautions. Our step-by-step procedure is available upon request by writing to the address in the article. The University of Washington, Physical Therapy Department has an excellent audio-visual program on this procedure that may be rented. Following each treatment the equipment remains in the patients room. When the treatment is discontinued, the water pip and tips are gas autoclaved for reuse.

An APPROACH TO JOINT RESTRICTION: LOW LOAD PROLONGED STRETCH VS. HIGH LOAD BRIEF STRETCH IN TREATMENT OF KNEE CONTRACTURES Sharon Nazik, M.S., R.P.T.; Kathy Light, M.S., R.P.T.; Aslyn Barstrom, R.P.T.

Range of motion limitations are a pervasive problem for patients with joint contractures. These restrictions are not only caused by muscular tightness but may result from changes in the structure of the joint. Intra-articular adhesions, peri-articular capsular shrinkage, and bony changes have been implicated in joint restrictions secondary to immobility.

Range of motion and stretching techniques are frequently employed to increase joint mobility. These procedures do not always achieve the intended goals, and can cause tissue damage. In an attempt to objectify treatment approaches, this study was designed to compare a more traditional method of stretching knee contractures, high load brief stretch (HLBS), with an experimental method of prolonged stretch, via skin traction, or low load prolonged stretch (LLPS).

Subjects were non-ambulatory residents of a nursing home who had demonstrated gradually progressive bilateral knee contractures ranging from 45° to 157°. Each subject served as his own control with one leg receiving HLBS; the other LLPS and guided range of motion. The LLPS method consisted of skin traction application with a type B device equipped with a bandage. The HLBS method consisted of applying a bandage directly to the knee. The HLBS procedure was repeated three times each.

Each treatment was given twice daily for a period of two months. In addition to the two months of stretching described, all subjects were instructed to perform morning and evening exercises for a period of ten minutes. After 10 repetitions of each exercise, 10 repetitions of each exercise, and 10 repetitions of each exercise, the authors report no research findings.

PRESIDENT’S REPORT

A number of interesting and important things have happened in Virginia in 1982 and the Chapter has been involved throughout its year in various activities and committees. Of immediate impact on each member is the changing finances within the chapter which led us to vote for a special assessment of $15.00 payable in the summer of 1982 and a dues increase for chapter dues from $15.00 to $30.00 effective April 1, 1982. These increases were supported overwhelmingly by the membership, which attended the business meeting last April. To date approximately 70% of the chapter memberships have responded to the special assessment with only 3 or 4 tracts which were caught by the post office. The faux pas on the part of officers or committee chairmen in the chapter. Given that this is a strictly volunteer organization run by many people who are very busy, that’s a pretty good record.

Apparently the tax status was not the special issue of the VIRGINIANS mailed out in January 1982 and therefore, did not understand the reason for the assessment. Of course, those members who were not also at the state conference when it was discussed. I regret those miscommunications and at the same time I am glad there were so few of them. I hope that the 30% who are delinquent will soon catch up with us. Nowhere else will you get a public voice for your professional concerns at the low price that APA and VPTA provide.

In theurtles, several of the members know the outcome of the hearing in July. In the case of the State Board of Medicine versus the SMARTS
Please note...

Special Assessment: A Historical Perspective

We, as members of the VPTA, have been faced with a financial crisis in the past. A review of the financial status of the organization was conducted in the Fall of 1981. At this time the chapter had been experiencing a deficit spending for quite awhile. The addition of anticipated legal and legislative expenses forced the Executive Committee of the VPTA to make severe cuts to the 1982 budget. At the Fall 1981 Executive Committee meeting, several recommendations were made and actions were taken:

1. Several committees were consolidated to decrease expenses.
2. An across-the-board 8.5% cut was made in the 1982 budget.
3. Consideration was given to the possibility of a special assessment for 1982.
4. It was recommended that a special edition of the Virginia delegate be published in 1983 to reflect the past and discuss future fiscal responsibilities, and to explain the need for increased revenues.
5. District Chairs were to discuss these issues with the membership at district meetings and collect input.

The Executive Committee re-convened in February 1982. By this time all indications were that both the special assessment and a 1983 dues increase were necessary. Upon the recommendation of the Finance Committee, the VPTA executive committee proposed the following to its membership:

1. A special assessment of $15.00 per member for 1982.
2. A dues increase for 1983 to $20.00 for active and $15.00 for affiliate members.

Notice of both these recommendations were printed along with the mid-year mailing to the members. The recommendation of the Finance Committee was also to be voted on at the 1982 annual VPTA business meeting (in April) in Williamsburg.

The membership voted overwhelmingly in support of both recommendations at the Williamsburg meeting. Since then the dues and assessment of the membership has paid the $15.00 special assessment. This display of support demonstrates a high level of professional commitment on the part of VPTA members.

Over the course of the summer, especially with the mailing of the second notice, many members sent in their $15.00 check with a note that they had overlooked the payment, lost the address, or forgotten. In order to allow the remaining 30% of the membership to express their support, the deadline for payment of the 1982 special assessment was again extended. If you have not paid your membership dues, please act now before you forget—and send your check (payable to VPTA) to:

Elizabeth D. Francis, Treasurer
9317 Booth Street
Alexandria, Virginia 22309

House of Delegates Meeting
American Physical Therapy Association
June 25-27

The Virginia Delegation this year consisted of the following members: Eleanor Allen, Dot Farmer, Shippers, Otto Payton, Larry Schauf, Debbie Whitley, and Bonnie May at the House of Delegates. The only activity began with a meeting between the chair of the leadership and the members of the A.P.T.A. with the house of delegates activity began with a meeting between the chief delegate and the members of the A.P.T.A. with the house of delegates. This meeting was held before the evening meeting. The House of Delegates went to the meeting on June 24th, there was a two-hour period set aside for the members of the House of Delegates to interview the candidates for their position of Directors and Nominating Committee. The forum for the upcoming was a very interesting one and was extremely useful to the delegates getting to know the people that they are voting for.

The Virginia Delegation took a very active role in the House of Delegates. Every member of the Virginia Delegation took the opportunity to discuss with the candidates prior to the election their stand on issues. They also took the opportunity to discuss with the other members of the House of Delegates their thoughts on major issues before the House. I feel that the Virginia Delegation represented the Virginia Physical Therapy Association very well. I know that I can speak for the entire delegation in saying that they considered it a privilege to be representatives at this year's House of Delegates. It was not only an educational experience but a very satisfying one for those of us who were delegates.

Please refer to July/August edition of the "Pro cess Report" for detailed information on House action.

John L. Eichterbach, Ed.D., P.T.
Chief Delegate VPTA

House of delegates meeting American Physical Therapy Association June 25-27

Chief Delegate Report

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Please refer to July/August edition of the "Progress Report" for detailed information on House action.

John L. Eichterbach, Ed.D., P.T.
Chief Delegate VPTA

Affiliate Delegate Report

At the 1982 National Convention in Anaheim, California, the House of Delegates referred 4 major motions with accompanying minor motions to the Task Force on Credentialing and examination. These motions were subsequently referred to the Board of Directors and were discussed and ratified at the House of Delegates at the House of Delegates meeting.

Ratification of the "Code of Ethics"

The Board of Directors requested that the Code of Ethics be adopted by the House of Delegates. The House of Delegates concurred with the Board of Directors and recommended the adoption of the "Code of Ethics". The "Code of Ethics" was then adopted by the House of Delegates.

Ratification of the "Standard of Practice"

The Board of Directors requested that the "Standard of Practice" be adopted by the House of Delegates. The House of Delegates concurred with the Board of Directors and recommended the adoption of the "Standard of Practice". The "Standard of Practice" was then adopted by the House of Delegates.

Ratification of the "Statement of Professional Standards"

The Board of Directors requested that the "Statement of Professional Standards" be adopted by the House of Delegates. The House of Delegates concurred with the Board of Directors and recommended the adoption of the "Statement of Professional Standards". The "Statement of Professional Standards" was then adopted by the House of Delegates.

Ratification of the "Affiliate Delegate Rights and Responsibilities"

The Board of Directors requested that the "Affiliate Delegate Rights and Responsibilities" be adopted by the House of Delegates. The House of Delegates concurred with the Board of Directors and recommended the adoption of the "Affiliate Delegate Rights and Responsibilities". The "Affiliate Delegate Rights and Responsibilities" was then adopted by the House of Delegates.

Ratification of the "Chapter Delegates"

The Board of Directors requested that the "Chapter Delegates" be adopted by the House of Delegates. The House of Delegates concurred with the Board of Directors and recommended the adoption of the "Chapter Delegates". The "Chapter Delegates" was then adopted by the House of Delegates.

The following motions were made on the House that are of interest to the Assistant:

1. RC82-82 Standards of Ethical Conduct for PTA's Established a Code of Ethics
2. RC30-82 dues increase for members
3. RC30-82 dues increased from $50/year to $75/year

The following are motions made on the House that are of interest to the Assistant:

1. RC82-88 Independent Practice Plan for development of P.T. practice independent of practitioner referral was adopted
2. RC36-2 Concurrent Meetings of House and Annual Conference Proposed and passed that a portion of the House of Delegate session be held in conjunction with Annual Conference instead of before or after conference.

3. RC36 & S6A-82 Rotating Meeting Sites Proposed and passed that the Board of Directors rotate the site of Annual Conference between two and three small towns, if possible, and that the combined session meetings be separated geographically from Annual Conference.

4. RC100-82 Durable Equipment Proposed and passed to charge the Board of Directors to pursue changes in legislation or regulations that Medicare approve self-help and other durable equipment for reimbursement upon recommendation of a qualified physical therapist.

**District Reports**

**Southwest District**

The Southwest District observed Physical Therapy Week with a tremendous amount of enthusiasm. An information booth was set up in a Roanoke shopping mall. There was television coverage including interviews and a discussion of various aspects of physical therapy including the history, care of the back, sports physical therapy, pediatric/neurological physical therapy and hand rehabilitation. A Lynchburg reporter wrote an editorial in a local Southwest Virginia newspaper entitled Physical Therapy: Back to school.

Our first fall meeting will be held October 23 at the Commonwealth Medical School in Roanoke. The meeting program is as follows:

- **Blue Ridge District**
  - The Blue Ridge District held its September meeting in Harrisonburg, presided over by Mimi Denny, new district chairperson. The continuing education portion was presented by Charles Dean, R.P.T., on "Electroacupuncture, Endorphins, and Enkephalins." Two important goals of the meeting were: Teresia Strickland, Research Committee; Charles Dean, Quality Assurance Committee; and Teresia Strickland, Program Committee. All may be contacted through the University of Virginia Hospital Physical Therapy Department.

- **Tidewater District**
  - Each fall the Tidewater District selects an Old Dominion University Senior to receive a Clinical Excellence Award. The award is for the excellence in the clinical settings, and it includes a $200.00 scholarship to Old Dominion University.

**Tidewater Community Hospital**

Rebecca Dunbar, R.P.T.
Barbara Garman, R.P.T.

**Tidewater District**

Each fall the Tidewater District selects an Old Dominion University Senior to receive a Clinical Excellence Award. The award is for the excellence in the clinical settings, and it includes a $200.00 scholarship to Old Dominion University.

- **Northern Virginia District**
  - The Northern Virginia District has been quiet this summer. Elections were held last spring for district chairman and several committees are now formed by the new chairman. The report was given by the incoming chairman. Their first meeting of the year was on September 28. Instead of a formal program, we had a wine and cheese party where we got familiar with some of the new members, equipment, and learning new names.

- **District Chairman**
  - Sandy Levi, Chairman, R.P.T.A.

**COMMITTEE REPORTS**

**Committee on Assistants**

The Executive Board established a Committee on Assistants at their April 22 meeting. This will allow the Board of Directors to accomplish the following objectives: to assist in the development of a mechanism for close-in-state contact of affiliate members; to assist in the development of a mechanism for close-in-state contact of affiliate members; and to assist in the development of a mechanism for close-in-state contact of affiliate members. It is felt that many affiliate matter will be brought up at the 1983 House of Delegates and that the affiliate must become more involved at the State and National levels.

Many thanks to all my supporters for sending me to National Conference, and I hope I can represent the affiliate next year.

Bunny May, LPTA
Affiliate Delegate

**Blue Ridge District**

The Blue Ridge District held its September meeting in Harrisonburg, presided over by Mimi Denny, new district chairperson. The continuing education portion was presented by Charles Dean, R.P.T., on "Electroacupuncture, Endorphins, and Enkephalins." Two important goals of the meeting were: Teresia Strickland, Research Committee; Charles Dean, Quality Assurance Committee; and Teresia Strickland, Program Committee. All may be contacted through the University of Virginia Hospital Physical Therapy Department.

A Blue Ridge District member, Jana Early, recently spent two days in Morgantown, WV, to attend West Virginia University Physical Therapy student's meeting. Jana spent two days presenting her paper about the theory and clinical use of electroacupuncture and TENs. Jana will be giving a similar (but shortened!) presentation at the V.P.T.A. State Conference in April.

The University of Virginia Hospital Physical Therapy Department is sponsoring an arthritis workshop March 26th and 27th. This will be held in Charlottesville, U.V.A., and is open to all professionals. For details, contact U.V.A. Physical Therapy Department after January 1st.

The next Blue Ridge District meeting will be November 1st and 2nd at the University of Virginia Hospital in Charlottesville. All members are expected to attend!

Chris Dean, R.P.T.

**Quality Assurance Committee**

The Quality Assurance Committee was organized this year to replace the VPTA Peer Review Committee. The Quality Assurance Committee is a standing committee with a Chairman appointed by the VPTA President and requires final approval of the Executive Committee. The purpose of the Committee is to advise Physical Therapists and others (such as third party payers) on the custom and prudent performance of Physical Therapy care to maintain and enhance the quality of professional performance through self-regulation of the profession.

The first year has proved to be very disappointing. Despite the meeting on March 29, 1982, short and long term goals and objectives were established; meeting times were arranged for 1982 and a complete meeting agenda was prepared. However, as members of the Committee are volunteers, it has been virtually impossible to schedule mutually agreeable meeting times. Therefore, few people have actually helped to meet the goals of 1982.

Leigh Scheurer

**Research Committee**

First, we would like to thank those individuals who presented papers at the First Annual Conference of the V.P.T.A. We feel that this was an important step forward in having an annual research presentation session at our Annual Meeting.

We would like to recognize the winners of the Research Awards at this first presentation. The Best Student Paper was awarded to Craig Brown an undergraduate at O.D.U. and the Best Clinician Paper was awarded to Sharon Nuzik. Even though we recognized two individual best papers in their categories I think that it is important to realize that the committee felt that all of the papers that were presented were excellent and that we hope to encourage more papers being presented at this coming year's conference. The purpose of offering an award for recognition for those presenting "Best Papers" is to provide recognition for individuals who are willing to share their work and ideas with others.

Jeanette Hinrichsen
bibliography which you would be willing to share. This is something else that we could do through this column.

Last, but not least, book reviews of books that are related to research, particular books that are relevant to physical therapists or to health professionals. I think that we have a reasonably amount of research expertise in this state and that we should be sharing information in order to maximize the exposure which is available. The Committee would like to help individual districts in anyway that we can do in developing workshops or other research oriented activities. If you feel that you would like to have a research committee member talk to your district, one of the things we will be happy to arrange this. If there are ways in which you think the Research Committee could be serving you which it is not currently doing, please feel free to write us and let us know.

John L. Echternach, Chairman
Research Committee

Northern Virginia Community College is in the
winning of their first quarter. Freshman students, 26 total, are the first to study under NOVA’s newly
revised Physical Therapist Assisting program. The 16 members of the sophomore class, on the other
hand, have just begun their second clinical affiliation throughout the Northern Virginia area.

According to this year President of the Physical Therapist Association, Lucy Valdez, the students are planning an active year. Among these plans are various fundraisers for local and national
organisations. One specific event is the Annual Volleyball Marathon for the Muscular Dystrophy Assn.,
which will probably take place in the Spring of 1983.

Good Luck to both classes!

Sue Kohler
Student Relations Chairperson
No. Va. District

Letters to the Editor
July 19, 1982

Commonwealth of Virginia
Department of Health Regulatory Boards
State Board of Medicine
Seaboard Building, Suite 453
3600 W. Broad Street
Richmond, Va. 23220

Gentlemen,

The method utilized for restructuring your licence
serving practice for both Registered Therapists and Licensed Therapy Assistants was
appealing to those of us considered professionals. It
is this type of practice that leads to radical
changes in establishing new licensing boards (i.e. Ohio).

Yours very truly,

Fram Kramer Young, RPT
Frances E. Preid, RPT

---

CALL FOR PAPERS
1983 VPTA Annual Conference

All physical therapy clinicians, faculty, graduate and under-graduate students are invited to present a paper or poster of clinical interest, research or innovative
technique at the 1983 VPTA Annual Conference in Williamsburg, April 15-17.

Awards will be given for outstanding therapist and student presentations.

Abstracts submitted may not exceed 250 words. For guidelines see Vol. 60, 1980 series on “WRITING TIPS” by P. Witt.

DEADLINE IS MARCH 1.

Send 2 copies of Abstract to:
John L. Echternach, Ed.D.
Director, Program in Physical Therapy
Education Building, Room 252-10
Hampton Blvd.
Norfolk, Virginia 23508-8505
EXECUTIVE COMMITTEE MEETING

VPTA Executive Committee met on Saturday, October 16, 1982, at the University of Virginia Hospital in Charlottesville, Virginia. The meeting was well attended by executive committee members along with three guests; two students, Anne Moody and Nancy McClung from MCV and Pam Tinker from Mount Vernon Hospital. We also welcomed a new committee “Special Committee on Physical Therapy Assistants” with Bunny May from Falls Church as pro tem chairman. The executive committee is also happy to announce that Pam Tinker has agreed to fill the vacant Vice President’s position which Dot Farmer had been in. Thanks Pam!

The meeting was an exciting and informative one with many types of interest being discussed, both legislative and otherwise. The executive committee will meet again in January in Richmond, Virginia with Bill Fleming taking over as President at that time.

A big thank you to Otto Payton for a job well done as President of the VPTA for the past 2 years.

Anne Booth, Recording Secretary

WANT TO SAVE AN EASY $5.00 AND HAVE CHAPTER DUES PAID FOR ONE YEAR

RECRUIT NEW MEMBERS!

Complete Directions Below:

To stimulate membership growth, The Virginia Physical Therapy Association will award to the first member recruiting the most physical therapists and physical therapist assistants a $5.00 certificate which may be applied to the registration fee of a Chapter-sponsored educational offering and one free year of chapter dues.

Deadline for recruitment is 1 December 1982.

Excluded as “new” members are:
1. Transfer from student or student affiliate to active or affiliate membership.
2. Direct applications for membership.
3. Transfers to the Virginia Chapter from another APTA chapter.
4. Reinstatements of members who have been dropped for fewer than six months.

Instructions:
Send a copy of the new member’s completed application and dues check as well as your name and address to the VPTA membership chairman: Roberta Newton, Ph.D., Dept. of P.T., MCV Station, Box 224, Richmond, VA 23298.

Deadline for March issue: Feb. 1, 1983

The contents of our newsletter will be only as good as the information you submit. All entries must be typed or they cannot be printed:

Mail to:  Jana Early, RPT
           Box 437
           University of Virginia Medical Center
           Charlottesville, VA 22908

MARK YOUR CALENDARS...

Annual State Conference
April 16, 17, 18, 1983
Sheraton Patriot Inn
Williamsburg, VA

Watch for dynamic speakers and interesting issues, along with registration information, in the March issue of “The Virginian.”

ADVERTISING RATES

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“The Virginian” is published in March, July and November. Submit ad copy along with your check payable to VPTA to:

Marie Clark, RPT
Box 437
University of Va. Medical Center
Charlottesville, VA 22908
THANK YOU, OTTO!
The VPTA would like to extend a special "Thank you" to Otto Payton for his dedication and hard work as our president the last two years. We appreciate all you have accomplished, and wish you well in your new position of Chairman, Department of Physical Therapy, School of Allied Health, Medical College of Virginia.

COMBINED SECTIONS MEETING
February 13-16, 1983
Nashville, TN
See your October P.T. Journal

POSITIONS OPEN
Nora Donahue is the VPTA Placement Chairman
Dept. of P.T., Box 224, MCV Station Richmond, VA 23298

NATIONAL THERAPY PLACEMENT SERVICE—NTPS understands your career needs because we are physical therapists. Our services are employer-paid and kept confidential. If you want career advancement, increased income, or relocation, write, send resume (if available), or call Bill Campion, RPT, collect, NTPS, Suite 106, 2401 N. Mayfair Rd., Milwaukee, WI 53226; 414/257-4215 or 414/257-4210.

NEURO REHAB SPECIALIST—Must have 2 years experience and NDT Certification in Adult Hemiplegia and/or Pediatrics. Excellent benefits and working environment, salary negotiable. Contact: Stephanie Kluge, M.I. Vernon Hospital, 2001 Parker's Lane, Alexandria, Va. 22306. Phone: (703) 664-7190.

STAFF PHYSICAL THERAPISTS: Two Physical Therapist vacancies exist at the Veterans Administration Medical Center, Richmond, Virginia. Applicants must have eligibility for Civil Service appointment. Salary $19,477-$22,318 per annum. Contact Norvel Chambers, V. A. Medical Center, 1201 Broad Rock Blvd., Richmond, Virginia 23224 or Call (804) 231-0611. Ext. 225.

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EQUAL OPPORTUNITY EMPLOYER
Physical and occupational therapists are needed by the Virginia Beach Public School System. Involves working with special education students on a full-time basis. Salary range of $13,300-$25,770 plus $1600 for a masters degree. Contact Office of Personnel Services, Virginia Beach Public Schools, P.O. Box 5238, Virginia Beach, Va. 23456-5047-4781.

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PHYSICAL THERAPIST
Are you looking for a position where you can grow as a Physical Therapist? Where you can expand your supervisory, evaluation, ind treatment skills. Work with an enthusiastic and energetic staff in a modern well equipped Physical Therapy Department which has innovative programs in orthopedics, neurology, burn care, and a side range of out-patient services. Community Methodist is located on the bank of the Ohio River in friendly town of 30,000 and near a metropolitan area of over 200,000. The area offers educational, recreational, and cultural activities. Excellent employee benefits which include 9 paid holidays, 3 weeks vacation, sick pay from first day, 100% paid health and life insurance, 100% tuition reimbursement, and moving assistance. Give us the opportunity to tell you what we have to offer. Write or call, collect: Deborah Alexander, Personnel Department, COMMUNITY METHODIST HOSPITAL, 1300 North Elm Street, Henderson, KY 42420, 502-239-6251 ext. 542.

AN EQUAL OPPORTUNITY EMPLOYER m/f/h

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Would you like to change jobs?
Current openings for staff through director positions at salaries of $18,000 - $35,000.
Nationwide Recruiters is a national firm of highest reputation and integrity specializing in the recruitment of professional medical staff for hospitals and clinics throughout the United States. We offer selection to fit your personal choices as well as your career needs. We also provide assistance with resumes, counseling for each interview, and handle travel arrangements.
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Alice M. Winsecco
Nationwide Recruiters
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Columbia, SC 29204
WANTED: DIRECTOR OF REHABILITATION SERVICES
AND MEMORIAL HOME HEALTH SERVICES PROGRAM

J. Prekop & Associates is a healthcare consulting company representing a medium size hospital in Phoenix, Arizona. They are currently assisting in this hospital suitable to fit the following job description:

DEPARTMENT: Rehabilitation
TITLE: Director of Rehabilitation
Services and Memorial
Home Health Services Program

Job Summary
Plans, organizes, directs, evaluates and coordinates physical and occupational therapy services and the Memorial Home Health Services Program within the philosophy, objectives, and policies of Memorial Hospital to maintain high standards of patient care. Provides leadership and supervision for rehabilitation services and home health personnel. Interprets philosophy, objectives, and policies of department to personnel, patients, physicians, and community. Advises department, hospital staff, and community groups on matters related to rehabilitation and home health services. Instructs personnel, patients, physicians, and community groups regarding proper use of rehabilitation procedures. Supervises and coordinates contractual arrangements for audiology and speech therapy services. Supervises the activity and coordinates the service of orthopaedic traction and equipment supplies.

Typical Duties
1. Plans, schedules, and supervises services of physical therapy.
2. Supervises the planning, scheduling, and direction of the services of occupational therapy, speech therapy, audiology and home health.
3. Evaluates rehabilitative services, and modifies or recommends modifications.
4. Coordinates service activities with other hospital departments and staff.
5. Plans and organizes orientation and in-service training programs.
6. Supervises administrative procedure for handling of correspondence and for departmental and patient records.
7. Teaches and supervises the teaching of rehabilitation procedures and related subjects to service and other hospital staff.
8. Hires, dismisses, promotes, and designs duties to departmental personnel as required.
9. Supervises and orients staff to the application and use of orthopaedic equipment and overhead bed traction apparatus.
10. Maintains supply of orthopaedic equipment.
11. Prepares annual budgets as appropriate.
12. Maintains ongoing liaison among hospital administration, Advisory Committees, and the Home Health Care Staff.
13. Performs other duties as required.

Education and/or Experience
Degree or certification from a physical therapy school approved by the American Medical Association. Must have Arizona license. Must have three years of experience in physical therapy with at least one year in a supervisory position. Membership in the American Physical Therapy Association is desirable.

If you are an interested candidate please send a brief letter and resume to:
Christopher R. Prekop
J. Prekop & Associates, Inc.
Mayfair Central Building
3033 North Central, Suite 509
Phoenix, Arizona 85012

or call collect: (602) 279-1884

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Central-Western Va.

The Virginian
Box 437
UVA Medical Center
Charlottesville, VA 22908
January 4, 2001

Ms. Susanne Hirt
7301 Normandy Drive
Richmond, VA 23229

Dear Ms. Hirt:

Congratulations on the wonderful article about you in the December issue of PT Magazine! You certainly endured much in your life, and seemed to turn every stumbling block into a learning opportunity. Because of your determination and love of the profession, the physical therapy program here at VCU was improved and expanded beyond imagination! For your leadership as a colleague, teacher and administrator, we would like to thank you for your contributions and are proud to call you one of our own.

Best wishes for a happy and healthy new year.

Sincerely,

Mary S. Shall
Mary S. Shall, PhD, PT
Interim Chair
Department of Physical Therapy
Virginia Commonwealth University

Certificate of Appreciation

awarded to

Susanne B. Hirt

in recognition of outstanding service
with the School of Allied Health Professions
Medical College of Virginia
1969-1979

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Vice-President

Thomas C. Berkin
Dean
Virginia
Commonwealth
University

Tenth Annual
Service
Award Program

March 13, 1981
6:30 pm
Larrick Student Center
PROGRAM

Honored Speaker ...................... Dr. Edmund F. Ackell, President
Master of Ceremonies .................. H. Stephen Moore, Jr., Director of Employee Relations

RECIPIENTS OF AWARDS

40 YEAR SERVICE AWARDS
Brown, C. Elizabeth
Fiske, Russell
Penny, Rufus

35 YEAR SERVICE AWARDS
Cooke, Edna L.
Hamilton, Dorothy V.
Hirt, Susanne
McConnell, Eva W.
Monroe, Berthel
Ward, Katheryne R.

30 YEAR SERVICE AWARDS
Allen, Edward P.
Boatwright, Elizabeth
Bosher, Lewis H.
Brandon, Susie L.
Budd, Dorris
Cooley, Geneva B.
Greene, Dorothy B.
Hardy, Addie L.
Harrison, William H.
Hill, Louise W.
Hilton, John T.
Jackson, Josephine L.
James, Annie B.
James, G. Watson III
Kay, Saul
Leary, Lucy J.
Lightner, Pauline B.
Lynch, Robert L.
McKennis, Herbert
Redmond, Lorraine
dosSantos, Joao G. III
Shelton, Rosa J.
Smith, J. Doyle
Weaver, Warren E.
Wooldridge, Elizabeth G.

25 YEAR SERVICE AWARDS
Adair, Dorothy
Barrett, Evelyn
Bevilaqua, William O.
Blakey, Walter J.
Carlyon, Richard
Chandler, Fredericka A.
Charles, Florence P.
Clark, Glassel R.
Crouch, Bunice J.
Crouse, Colleen V.
Davis, Mary Lou
Friend, Wilson H.
Gaines, Dorothy E.
Goldstein, Lewis C.
Graves, Marie W.
Green, Emma I.
Hamme, Thelma
Harrington, Lucy O.
Harris, Dorothy M.
Harris, Mary S.
Henderson, Joseph H.

20 YEAR SERVICE AWARDS
Adams, Jeananne W.
Barrett, Jerome R.
Baskette, Franklin S.
Berkowitz, Helen
Berry, Edward E.
Booker, Braxton S.
Booker, Ruth
Bostick, Mary E.
Bourne, Janie H.
Bowman, Morristine H.
Brown, Helene I.
Cheatham, Regina A.
Collins, Jessie S.
Cox, Mary J.
Crosby, Josie R.
Crump, Kate E.
Dorn, Howard P.
Dunn, Elisabeth

Henson, Erlene C.
Holmes, Carrie
Jeter, Mary B.
Johnson, Edsill
Lambert, John D.
Massey, Lorene D.
May, Margaret L.
McLane, Edith C.
Nelson, James F.
Owby, Ralph
Paige, Nancy J.
Rhone, Martha E.
Ross, Mary B.
Scherrerhorn, Lois G.
Sheffer, Evelyn H.
Smith, Nellie S.
Taylor, Marie H.
Temple, Pauline E.
White, Barbara
White, Bertha P.

Eanes, Joan E.
Edwards, William O.
Elliott, Lucille
England, Marshall
Eshleman, John R.
Fens, Petrus G.
Fitzgerald, Naomi B.
Griffis, Vivian G.
Hack, Kathleen E.
Harris, Marie G.
Hickman, Willie J.
Hines, Pattie N.
Hodges, Daisy M.
Hogrefe, Roy A.
Johnson, Doris B.
Johnson, Edna T.
Johnson, Mary W.
Johnson, Sylvia R.
Jones, Alvin N.
Jones, Pearl B.
Kemp, Lenora J.
King, Louise J.
Knowles, Nancy J.
Mallory, Jean H.
Martin, Bernard N.
Matthews, Johnnie
Mills, Alma P.
Mirr, Edward A.
Morrison, Margaret B.
Nuren, Orhan
Nicholson, Ray W.
O'Neil, Julia C.
Page, Addie W.
Pollock, James A.

Randolph, Joyce K.
Rothenberg, Elaine Z.
Scarborough, Ella B.
Schoenbaum, Morton
Scoggin, Margaret W.
Shafer, Arline M.
Sims, Mary L.
Smith, Richard
Thomas, John L.
Thornton, Lillian T.
Townsend, J. Ives
Tucker, Gladys G.
Wasserman, Albert J.
White, Adell C.
Winckler, Frank O.

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Henry Holland
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when America
understand
the truth of
this splendid
deception. The
nation will finally
build its memorial
to Roosevelt.
9-6

9-16 (last page)
Roosevelt
Polio 1921
Died 1945  April 12
Roosevelt — Dime
Jefferson — 5¢
Lincoln — 1¢
Washington — 25¢
Dr. Edmund F. Ackell
President, Virginia Commonwealth University
requests the honor of your presence
at the Service Award Banquet
honoring faculty and staff
of your department
with 20 years or more service
on Friday evening, the thirteenth of March
nineteen hundred and eighty-one
at six-thirty o'clock
in the
Larrick Student Center
MCV Campus

R.S.V.P.

February 27, 1981

Dress Optional
PHYSICAL THERAPY TEACHING FELLOWSHIPS

PURPOSE

To finance a program of study designed to adequately prepare selected personnel in both the academic and clinical study required to undertake teaching in a physical therapy school.

All candidates must qualify through previous experience, proven ability in physical therapy and interest in teaching.

ELIGIBILITY REQUIREMENTS

1. A baccalaureate degree (except for candidates who completed physical therapy training prior to 1940).

2. Membership in the American Physical Therapy Association and/or registration by the American Registry of Physical Therapy Technicians.

3. A minimum of three years of satisfactory general experience as a physical therapist.

4. Presentation of a program of study satisfactory to the Committee on Physical Therapy Teaching Fellowships.

5. U. S. citizenship.

6. Age limit: To be determined by the Committee with reference to individual qualifications.

FINANCIAL BENEFITS

Awards are based on the individual need of each applicant. Fellowships may cover tuition, an allowance for books and a monthly stipend for maintenance.

Qualified veterans may be considered for partial fellowships to supplement their G. I. benefits.
PROGRAM OF STUDY

The program should be developed by the applicant with the Medical and Technical Directors of an approved school of physical therapy which has a college or university affiliation, and which offers a graduate study program in physical therapy and subjects related to the physical therapy curriculum.

The program should be arranged so that there is a balance between the time devoted to the academic program, clinical subjects and clinical experience. Supervised practice teaching in the physical therapy school is also required.

1. THE ACADEMIC PROGRAM should include further preparation in at least one of the basic sciences required in the physical therapy curriculum, and a minimum of one course in educational methods, unless the candidate has had more than average preparation in these two areas.

The study of educational methods should be undertaken prior to practice teaching. Applicants are requested to outline briefly the course of study in educational methods.

2. CLINICAL SUBJECTS AND EXPERIENCE should be considered when working out the program of study. It is recognized that some candidates will be in need of additional study and/or experience in specified areas which may have to be obtained in the basic physical therapy course.

3. PRACTICE TEACHING in both the academic and the clinical aspects of physical therapy must be done under the direct supervision of the instructors of the physical therapy school, either at the school or in affiliated institutions. This activity should be incorporated into the program of study and the knowledge gained applied to actual teaching situations.

Counseling of Candidates: The services of an Advisory Committee from the profession are available upon request to assist the candidate in working out a program of study.

FELLOWSHIP STANDARDS

A "B" average must be maintained in academic subjects.

Clinical study, clinical experience and practice teaching should merit "superior" rating.

Periodic reports from the fellow and the institution will be requested.

Fellowship assistance will be discontinued for those who do not maintain standards.

OBLIGATION OF THOSE ACCEPTING FELLOWSHIPS

All recipients must agree to accept employment on the instructional staff of a school of physical therapy approved by the Council on Medical Education and Hospitals of The American Medical Association. This may be in either or both the academic and clinical aspects of the teaching program.

The National Foundation for Infantile Paralysis does not assume responsibility for the employment of the student who has completed a teaching fellowship program. It is suggested that the fellow contact the professional organization, the American Physical Therapy Association, for suggestions regarding employment opportunities.

GENERAL INFORMATION

Application may be made at any time during the year. Write to the Professional Education Division, National Foundation for Infantile Paralysis, 150 Broadway, New York 5, New York, for an application blank.

Approval or Rejection: All decisions regarding approval or rejection will be made by the Committee on Physical Therapy Teaching Fellowships and will be considered final by the National Foundation for Infantile Paralysis.

A minimum of three months is usually necessary to complete an application. No application is presented to the Committee on Physical Therapy Teaching Fellowships until all credentials have been furnished.
May 8, 1986

Dear MCV Physical Therapy Graduate:

Last year we mailed you a copy of our Alumni Newsletter. We asked you to let us know where you were and what you have been doing since you graduated. The response was overwhelming and confirmed what we suspected all along -- MCV graduates have a lot of school spirit.

In this newsletter we have quite a bit of alumni news. We also have attached another form so more of you can write to us and keep us informed of your activities. As space allows, we will print all this news in future issues.

This newsletter is the first to come to you from a newly relocated PT department. Yes, we are now in McGuire Hall! Our mailing address remains the same. For those of you who wonder how the new facility compares to old South Hospital let me invite you to come and see for yourself. For those of you who are too far away, let me say that we are enjoying our new facilities, but it will still take awhile before we are fully settled in.

The newsletter contains a report on the Alumni Fund and other news of the school. We hope you enjoy this newsletter. I hope to see you at the APTA convention in Chicago on June 10th. We hope that this year's alumni party will be one of the best attended ever.

Cordially yours,

Otto D. Payton, Ph.D., PT
Chairman
Department of Physical Therapy
FOURTY YEARS — WHAT A CELEBRATION!

Over 200 of us gathered the third weekend in November to celebrate the 40th anniversary of the school, and what a great time it was! The weekend started off with a cocktail party that featured superb hors d'oeuvres and continued with great conversation and laughter in the John Marshall Lounge.

Three faculty members provided continuing education courses, free for the asking... and just like PTs everywhere, staying up late the night before had no affect on early morning attendance.


The Saturday session included a luncheon in the ballroom of the John Marshall with those attending seated by class. It was a chance to get together and to see who had made it back for the reunion. After more continuing ed in the afternoon, the faculty and students ran tours down at Old South Hospital. What a trip...nothing had changed! But now we know that was the last chance to visit the old place.

That evening a cocktail party was held in the exhibit hall where sponsors helped support the festivities. President Ackell attended and mingled among us. After awarding door prizes, we wandered into the banquet for good food and a chance to reminisce.

Steve Gudas gave us a belly-laugh slide show of memories that will not be forgotten for quite some time. But Sue Hirt, as usual, was the highlight. She took us on a trip down memory lane and reminded us of how the school began. The first forty years are over, and we're eager to see what the next forty will bring — they'll have to be great to keep up the MCV PT tradition.

NEWS OF THE SCHOOL

We actually moved on December 13th from South Hospital to the 2nd Floor of McGuire Hall. It is definitely an improvement. The move took the better part of a week and since it was during finals week things were hectic. For days it was hard to tell the difference between the faculty and the movers. The juniors, seniors and graduate students pitched in to help clean out various parts of South Hospital. If you can imagine how it was when you last moved (think about what you accumulated) then you can guess what it was like to move after being in the same building for 40 years. We took great pains to preserve historical material.
Graduations

Eugene Michaels, Associate Director of the American Physical Therapy Association, will be the commencement speaker for the Class of 1986 on July 5, 1986.

Michelle Larson, Ph.D., PT, became the first graduate of the Basic Science-Physical Therapy combined Doctoral Program at MCV/VCU. Her area of specialization is Neuropsychologic Physical Therapy.

Papers and Articles

Four graduate students and one faculty member are presenting papers at the national conference in Chicago in June. In addition, faculty members, along with their collaborators, have more than a dozen papers in press at the present time.

Promotions and Awards

Nora Donohue, Academic Clinical Coordinator, has been promoted from the rank of Instructor to Assistant Professor. Steve Gudas, Assistant Professor, who is also a doctoral student in the Department of Anatomy at MCV, received the Forbes Award this year. This University award is presented for an outstanding graduate student research proposal.

Speaking Engagements and Courses

Dr. Jules N. Rothstein, Assistant Professor, was an invited speaker at the University of Tennessee Physical Therapy Program in April. Drs. Ann VanSant, Robert L. Lamb and Jules Rothstein presented a program to the Research Section at the Mid-Winters in February on the measurement of forces. Faculty members Dr. Walter Personius, Steve Gudas and Damien Howell with alumni Dan Riddle (Masters, 85) and two graduate students, Philip McClure and Karen Drilling will present a one week course on Functional Anatomical Review of the Lower Quarter, June 16-20, 1986 on campus.

Damien Howell, Assistant Professor, was an invited speaker at the Annual Convention of the American Pharmaceutical Association on the topic Non-Medical Therapy for Musculoskeletal Sports Injuries.

Drs. Walter Personius and Robert Newton will be presenting along with Ted Blackburn, a graduate of MCV at a combined topics continuing education program in Virginia Beach May 11-15, 1986.

Donations

The Class of 1985 donated $200 to the department with which to buy Anatomy Slides for use by Marianne McDonald. In addition, money from the Sue Hirt Fund was used to buy a new set of teaching slides for Microscopic Anatomy.

State Meeting

Approximately 60 Alumni attended the reunion at the Virginia Physical Therapy Association meeting on April 19th. Approximately the same number attended the reunion at National Conference in New Orleans in June of 1985.
THE ALUMNI FUND

During this academic year we have received approximately $3,000 from the Alumni and friends. From this fund we have purchased one orthopedic examination table to go in the senior classroom, one 85mm Transparency Set: Comprehensive Atlas of Histology, one Mercury floor blood pressure cuff, and three stethoscopes.

As a part of the alumni fund drive, the PT department participated for the first time this year in the University's Phonathon. On the evening of April 16th, three students and one alumni called a couple of a hundred alumni and received $1,250 in pledges that evening plus about 50 people who said they would send something.

We expect to receive over $2,000 from the Phonathon. These monies plus others from the current alumni fund will be used to try to entice the MCV Foundation to buy a Kin-Con for the department.

The Kin-Con is needed for the measurement of dynamic muscle performance. Instruments such as this are in widespread use in the clinics. However, we have no example of this kind of instrument with which to train the physical therapy students in clinical measurement. They cost about $36,000.

If we can show the MCV Foundation that the Alumni are seriously interested in trying to get one of these instruments for our educational and research programs, we are hoping that they will make a significant contribution. We would like to be able to offer at least $5,000 through the Alumni Fund for this major purchase. Please help if you can.

NEWS FROM THE ALUMNI

Class of 1946: Mrs. Jean Halpin Veddle, St. Petersburg, Florida; Supervisor Amputee Program, Oakland Naval Hospital, has worked with disabled children in Florida. Organized and supervised PT Dept for 10 yrs, then worked as consultant PT. Received a BA in sociology, is working towards a MA in community planning and social organization. Married and has a daughter. Mrs. Kate Y. Dunten, Southport, NC; Retired, enjoys golf, bowling, gardening, social club and activities with family (husband and her son and his family).

Class of 1949: Iisserce Brown, Lakewood, Colorado; Retired from St Anthony's Hospital 1982 after 18 yrs and now works with outpatients at Lakewood
Orthopedic Center... involved with local and national handicapped sports programs. Named Colorado's Physical Therapist of the Year, 1985.


Class of 1950: Viola McCormick Steck, Royal Oak, MI: Worked for VNA of Detroit for last five yrs...retired 1984. Plans to travel, play golf. Married and with 7 children. Kathleen Keeter Vogt, Youngstown, OH: Recently named Senior Assistant Chief PT at St Elizabeth Community Care Center, formerly Asst Chief at St Elizabeth Med Center where she worked for over 20 yrs. Married and with 2 daughters and 1 son.

Class of 1952: Richard B Kemp, Master's Program, Chicago: Works part-time with home health agency and at retirement center. Active in church and Gideon Society. Al Bulasby: Retired from Westside VA Hospital where he was Chief PT.

Class of 1954: Harold Cook, St Petersburg, Florida: Works with FIA PT Assoc and practices in a private office, primarily in orthopedics. Run marathons.


Class of 1957: Anna Lee Cole Goldblatt, Toledo, OH: Assistant Professor and Academic Coordinator of Clinical Education for Med Col of Ohio PT program. Chairman of NW District of OH APTA, served on OH APTA Board of Directors. Works two mornings a week at a nursing home.

Class of 1960: Mary Virginia Glover, Columbus, MD: Working at Howard Co Public Schools. Graduate student at Johns Hopkins working on MA in Ed of the Severe and Profoundly Handicapped. Has 2 sons, Jewell Williams, Panama City, Chief PT at Gulf Coast Community Hospital.

Class of 1961: Sheridan Seabrook, Baltimore, MD: Presently inactive in PT, has two children. Plans to return to work when both children are in school.

Class of 1962: Gloria F. Sanders, Greenville, NC: Now in private practice after 10 years on faculty at East...
Carolina where she taught courses in prosthetics, orthotics, and research. Wrote book on amputations which is due out this fall.

**Class of 1963:** Katherine Kimsey, Monticello, AR: Married and has 3 daughters and 1 son.

**Class of 1971:** Robert D. Harrison, Orange Park, FL: Assistant Head of PT Dept at Naval Hosp in Jacksonville. Has a 9 year-old child.

**Class of 1972:** Joseph McColloch, Ph.D., Shreveport, LA: Director of PT School at LSU Med Center, Chair of Research Committee, Karen Zeeck Crabb, Franklinville, NJ: Director of PT for a corpn which owns 4 nursing homes; married and with 2 sons and 1 daughter.

**Class of 1973:** Ann Ingram Popovich, Hinsdale, IL: On call therapist for local hospital, 2-3 afternoons/week in private clinic, and teaches monthly pre-natal exercise class. Has 3 sons and a foster son, Margaret McGee, Crossville, NJ: Has private practice treating the neurologically impaired, is NDT Coordinator/Instructor for 8-week course; lectures on NDT-related topics; has contributed to book on assessing for CP children. Rebecca (Becky) Evans Trewhill, Cohoes, NY: Worked 6 yrs with school system, plans to work with husband (dentist) with TMJ dysfunction patients. Lea Duke Robinson, Lenoir, NC: Has studied NDT, infant treatment, was lead therapist of Infant Program 6 years, now in private practice. Married and with 1 son.

**Class of 1974:** Nancy Edens, Franklin, VA: Working for the Children's Center providing rehab for children 2 yrs and under. C Michael Shofner, Augusta, GA: Senior in MCO School of Medicine, 85-86 president of Alpha Omega Alpha Honor Society, received Lange Book Award and MCO Faculty Vive's Scholarship for highest GPA in Jr class. Plans neurology residency.

**Class of 1975:** Katherine (Kathy) Nusman Horvath, Tuscaloosa, AL: Director Rehab Services, DCH Regional Medical Center where she is developing new patient programs. MA in Public Administration with specialty in gerontology in 1984. Treasurer of Ala APTA, Patty Feale Loll, Dunm, PA: Works part-time in practice through the Easter Seal Society. Married and with one son, another child due soon.


**Class of 1977:** Carol Lynn Grant, Richmond, CA: Works at Children's Hospital Medical Center. Interests are Rehab and Burn Care. Married and with 1 daughter, lives in a 4-engine seaplane, interested in ocean research.

**Class of 1978:** Wendy Rockstein, Natick, MA: Program, Northfield, CO: Works on faculty of PT at Univ of Colorado
Medical School, teaching gross anatomy and orthopedics.


Class of 1981: Laura Olsen Moore, APO mt, in V Germany: Studied German.

attended German PT school for several months, then obtained license to practice in Germany. Married 1982.


Class of 1983: Donna Marie Hopkins, Fredrickburg, Va: Worked at NCV in rotating position, now at Mary Washington Hospital. Building a home. Jan Hedgen, Henderson, Hampton, Va: Works at Louise Obici Memorial Hosp, and provides PT to Franklin Public Schools one day a week. Is working on MS in Community Health with emphasis in PT at ODU. Married. Chris Curtis, Bathesda, Md: Works in acute care pediatrics at Children’s Hospital National Medical Center, is the neurosurgery liaison and hemophilia specialist.

Class of 1984: Karl Kent Brissman, Roanoke, Va: Works at Roanoke Memorial Hospital. Is on the Public Relations committee for the SW district, and is promoting PT week.

Please Use the Form On The Next Page So We Can Include Your Name In The Next Newsletter.
Alumni Newsletter:  
Spring 1986  

PLEASE USE THE FOLLOWING TO LET US KNOW SOMETHING ABOUT YOU.

Name ____________________________

Address ____________________________

City: ____________________________ State ______ Zip ______

Phone ( ) ____________________________

Year Graduated ____________________________ Degree Obtained: ______

News

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Do you have any comments or suggestions for alumni activities?

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Send to Otto Payten, Ph.D., P.T., Chairman, Department of Physical Therapy, MCV  
Box 124, Richmond, Va, 23298.
University of Richmond
DEPARTMENT OF MUSIC

presents

THE UNIVERSITY ORCHESTRA
Frederick Neumann, conductor

Good Friday Spell from Parsifal
Richard Wagner

Symphony No. 3 in E flat ("Rhenish") Op. 97
Robert Schumann

Lebhaft (lively) – Scherzo: Sehr mässig (very moderately) –
Nicht Schnell (not fast) – Feierlich (solemnly) –
Lebhaft (lively)

Overture to Semiramide
Gioacchino Rossini

The James L. Camp Memorial Theater
Friday, April 20, 1973
8:30 P.M.

Personnel of the Orchestra

1st violins
Marylin Crump
Sue Tipton
Anne Rannow
Josephine Katz
Dennis Brown
Coralie Zuerst
Charles Bland
Bynum Smith
Joseph Black
Charles Bocher

2nd violins
Gusie Johns
Ann Archer
Eleanor Sorg
Susanne Hirt
Nicholas Neumann
Kathy Brick
Tom Carson
David Remolda
Paul Posey
Carol Moore
Collie Coolaby
Kitty Caldwell

Violas
Lou Harriman
Tom Berry
Clint Vincent
Zephie O’Halloran
Midge Logan
Jerry Patterson
Charles Shopland
Mary Anne Remolda

Cellos
David Romaine
Paul Erb
June LeGrand
Buddy Whiteside
Naomi Raphael

Basses
Peter Behler
Frank Trucadell

Flutes
Wendy Haynes
Jon Testas
Carol Sutton
Susan Stockstill

Oboes
Frank Stockstill
Kathy Nichols
Ralph Kimeier

English Horn
Frank Stockstill

Clarinets
Jim Fethersstone
Myra Kight

Bass Clarinet
Nancy Gussalus

Baritones
Hope Armstrong
Eugene Stickley
Ellen Sue Haden

Horns
Janet Worsham
Connie Palmer
Andrea Harmon
Kenneth Abbott

Trumpets
Robert Jones
Sam Burleigh
Bruce Swartz

Trombones
Leigh Gettier
Harry Keesler
Jim Knaub

Tuba
Lee Horton

Timpani
Robert Dall

Percussion
Joseph Jeffrey

Librarian: Carol Moore

Dr. Edward Haynes has kindly assisted in the preparation of this concert.

************

Next event: University Choir
Cannon Memorial Chapel
Friday, April 27, 1973 – 8:30 P.M.
Outstanding women to be honored by YWCA

The Richmond Young Women's Christian Association will honor its outstanding women at a luncheon on April 11 at the Hotel John Marshall. As always, the event will be a sellout.

The awards honor area women who have made contributions in health, education, government and politics, science, business, music, the arts and community leadership. They are chosen from the community at large. Nominations are now being invited for this year's honorees.

Awards for contributions in education are being considered for the faculty of the University of Virginia. The recipients will be a professor from the University of Virginia and a professor from Virginia Commonwealth University.

The awards for contributions in science are being considered for the faculty of the University of Virginia and a professor from Virginia Commonwealth University.

The awards for contributions in politics are being considered for the faculty of the University of Virginia and a professor from Virginia Commonwealth University.

The awards for contributions in the arts are being considered for the faculty of the University of Virginia and a professor from Virginia Commonwealth University.

The awards for contributions in community leadership are being considered for the faculty of the University of Virginia and a professor from Virginia Commonwealth University.

The awards for contributions in health are being considered for the faculty of the University of Virginia and a professor from Virginia Commonwealth University.

The awards for contributions in business are being considered for the faculty of the University of Virginia and a professor from Virginia Commonwealth University.

The awards for contributions in music are being considered for the faculty of the University of Virginia and a professor from Virginia Commonwealth University.

The awards for contributions in the arts are being considered for the faculty of the University of Virginia and a professor from Virginia Commonwealth University.

The awards for contributions in community leadership are being considered for the faculty of the University of Virginia and a professor from Virginia Commonwealth University.

The awards for contributions in health are being considered for the faculty of the University of Virginia and a professor from Virginia Commonwealth University.

The awards for contributions in business are being considered for the faculty of the University of Virginia and a professor from Virginia Commonwealth University.

The awards for contributions in music are being considered for the faculty of the University of Virginia and a professor from Virginia Commonwealth University.

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The awards for contributions in community leadership are being considered for the faculty of the University of Virginia and a professor from Virginia Commonwealth University.

The awards for contributions in health are being considered for the faculty of the University of Virginia and a professor from Virginia Commonwealth University.

The awards for contributions in business are being considered for the faculty of the University of Virg
15th Annual WYCA

Outstanding Women Awards

Friday, April 21, 1995
Richmond Marriott
The YWCA is a membership organization dedicated to supporting the development of women and families of diverse backgrounds and faiths. Together we join in the struggle for peace, justice, freedom and dignity for all people and pledge to direct our collective power towards the elimination of racism wherever it exists.

Your attendance at this luncheon ensures that the YWCA will continue to assist women and families in our community by providing the following services:

**The YWCA Children's Center**

In 1991, the YWCA launched the first Homeless Child Care Program in the Richmond area. Children from area shelters come to the YWCA to play and learn in a stable and nurturing environment while their parents seek jobs, training and permanent housing. This program is free of charge to homeless families.

The Children's Center also provides After-School and Summer child care to working families of all income levels. Scholarships are available to families on limited budgets.

**The YWCA Women's Advocacy Program**

The YWCA battered women's shelters provide safe refuge for women and children escaping violent homes. As Greater Richmond's only crisis center for sexually assaulted and battered women, the YWCA also provides counseling, court advocacy, support groups, public education and maintains two 24-hour hotlines for survivors of domestic violence and sexual assault.

Thank you for your support of these vital services.

---

**Welcome**

Colleen Marea Quinn, Esq., President
YWCA Board of Directors

**Opening Remarks**

Trudy K. Jenzer
Chairperson, OWA Steering Committee

**Program and Awards Presentation**

Lisa LaFata Powell
Cathy N. Pond, Executive Director, YWCA

**Closing Remarks**

Colleen Marea Quinn, Esq.

*Music*

Jocelyn G. Henry-Whitehead, Bass
Beverly B. Allen, Piano

*The YWCA would like to thank Jocelyn G. Henry-Whitehead, Board Member, and Beverly B. Allen for volunteering their musical talents today.*
1995 Honorees
Outstanding Women Awards

Arts
Katharine C. Lee

Business
Anna D. Soulios

Communications
LaVerne Byrd Smith, Ph.D.

Education
Rita Prizler Hull, Ph.D.

Government/Politics
Anne Dobie Peebles

Health/Science
Mary Jo Ellis Kahn, R.N., M.S.

Human Relations
Veronica Fleming Templeton

Law
Phyllis C. Katz

Religion
Rev. Dr. Patricia Ann Gould-Champ

Volunteerism
Connie Berkeley Abeloff

Previous Honorees

1994 - Faye L.Y. Benton, Thelma Everson Bland, Betsy Brinson, Ph.D., Phyllis L. Cothran, Shirley R. Fountain, D.Min., Carol Spaulding Fox, Uliana F. Gabara, Ph.D., R. Claire Guthrie, Esq., Cynthia Reed Mayo, Ph.D., Myrna L. McLaughlin, R.N.


1988 - Patricia M. Asch, Beverly Davis, Dr. Frances Dunston, Judith Fox, Margaret Freeman, Dr. Lisa Kaplowitz, Cleomine Lewis, Sandra Parker, Eleanor Sheppard, The Hon. Mary Sue Terry, Stoner Winslet, Lorna Wyckoff.


1984 - Margaret Watkins Clay, Elsie Satterwhite Elmore, Melba Freed, Grace Edmondson Harris, Ph.D., Dr. Suzanne B. Hirt, Jean Roland-Pender, Anne P. Lane, Elizabeth Herrink House, Rev. Yvonne Jones Bibbs, Bessida Cauthorne White.

1983 - Nina Abady, Sally A. Camp, Audrey A. Dixon, Norma Goode, Ph.D., Catherine Johnson, Esq., Rabbi Beverly Lerner, Ph.D., Claudette B. McDaniel, Johanna Schuchert, Myra Williams-Thornton, Ph.D., Barbara Wurtzel Rabin, Ph.D.


1981 - Janet J. Ballard, Phyllis Conklin, Dr. Dorothy Cowling, Dr. Lois Harrison-Jones, Virginia Hackney, Esq., Dr. Jean Harris, Marie Goodman Hunter, Sara P. Little, Dr. Nancy McWilliams, Cornelia Overton.

1980 - Alma M. Barlow, Patrick Bell, Esq., Martha Bell Conway, Marii Hasegawa, Frances Lambert, Dr. Carolyn M. McCabe.
The Outstanding Women of 1995

ARTS: Serving as Director of the Virginia Museum of Fine Arts, Katharine C. Lee holds a Master of Arts degree from Harvard University and has studied abroad on a Fulbright Scholarship. Prior to coming to Richmond, she was Deputy Director of the Art Institute of Chicago where she collaborated on a $25 million project to renovate the original building and construct a new wing.

At the Virginia Museum of Fine Arts, Ms. Lee recognizes her responsibility to make the Museum accessible to Virginians of all walks of life. She conceived a program to expand accessibility to the African-American Community that won the Museum a $1.44 million grant from the Lila Wallace-Readers Digest Fund. To this end, the program increased advertising in the African-American Community, increased participation in the Museum’s programs, and recruited African-Americans to fill new staff positions at the Museum.

BUSINESS: Anna D. Soulios embodies commitment to rebuilding the Forgotten neighborhoods of our city. As President of the Hull Street Merchants’ Association, she has devised a four point plan to economically revitalize the Hull Street Corridor and coordinates the streetscape plans to give the Corridor a face lift. Ms. Soulios has also established the Anti-Crime Effort Committee which meets quarterly with city officials and has secured permanent police patrolling of the Corridor. As the first woman president of the Richmond Association of Realtors, she aggressively promoted fair housing practices between the Association of Realtors, HUD and the public. Concerned about the quality of life for all residents in the Manchester area, Ms. Soulios also operated a volunteer post office in Manchester for area senior citizens unable to travel to the nearest post office.

COMMUNICATIONS: LaVerne Byrd Smith has dedicated her life to empowering others through their use of language and writing. For 16 years, Ms. Smith served as State Supervisor of Reading and Language Arts in the Virginia Department of Education where she directed an ad campaign to promote reading and conducted language and communication workshops for parents and teachers.

During her tenure as President of the Richmond Council on Human Relations in the 1970’s, such thrusting programs as Housing Opportunities Made Equal and Offender Aid Restoration were created. Also formed during her administration, the Media Relations Commission is largely responsible for the healthy minority presence in Richmond media today.

Ms. Smith contributes a weekly column to the Afro-American Newspaper entitled “Let’s Talk About It” dealing with global issues and issues of concern to African-Americans. Her first poem was published in the Pittsburgh Courier at the age of 10 and today her work can be found in The Anthology of American Poetry. She has recorded the history of African-Americans in Richmond and taught others the skills to preserve their family and community history. Her most recent book, Travelling On, concerning the oldest separate African-American congregation in Richmond, can be found in libraries throughout the country.

EDUCATION: Rita Prizler Hull is a woman of “firsts” in education and accounting. In the 1960’s, she was one of the first women to be hired to a professional staff position with one of the “big 8” national accounting firms. In the 1970’s, with a Doctorate in Accounting, Dr. Hull returned to the academic world where she became the first woman in the VCU School of Business to be promoted to the rank of Full Professor. The University affirmed its confidence in her again by selecting her to serve as the President’s Associate in the Spring of 1993. She was the first ever in the School of Business Faculty to win this University-wide competition. For more than 25 years, Rita Hull has served as a role model for women seeking careers in accounting and business. Her writings on gender equity in the accounting profession have received national attention. In addition to her professional accomplishments, Dr. Hull has lent her time and expertise to numerous local charities and foundations.

GOVERNMENT/POLITICS: Anne Dobie Peebles is one of Virginia’s greatest unsung heroes - the right hand woman to many public figures. Among the many election campaigns she has successfully chaired are: two gubernatorial campaigns for Mills Godwin, a gubernatorial campaign for Albertis Harrison Jr. and two U.S. Senate campaigns for Harry Byrd, Jr. Ms. Peebles served as a member of the College of William and Mary’s Board of Visitors for 13 years. Two years later, in 1987, she was awarded an Honorary Doctorate of Humane Letters from the College. In the 503-year history of the College of William and Mary, she is the only woman to ever serve as Rector. Miss Peebles achieved another first for women when she was elected President of Virginia’s Board of Education in the late 1950’s. For her service to the Commonwealth, Miss Peebles was named a Virginia Cultural Laureate by the General Assembly and has also received the Thomas Jefferson Award (1983) of the Public Relations Society of Virginia. Today, she is Vice-President of the Board of Commissioners for the Southside Regional Medical Center in Petersburg. She also serves on the Advisory Board of the Massey Cancer Center and has been instrumental in obtaining government funding to operate its Cancer Outreach Program for patients in rural Virginia.

HEALTH/SCIENCE: In 1989, Mary Jo Ellis Kahn was diagnosed with breast cancer. Shortly thereafter, she discovered the great void of research and support for this epidemic afflicting 1 in 9 women. In 1991, she helped to found the Virginia Breast Cancer Foundation to promote research and education, to improve access to screenings and treatments, and to influence legislation. As President of this state organization, she became a Board Member of the newly formed National Breast Cancer Coalition. Under Ms. Kahn’s leadership in 1992, the Coalition organized rallies for a Breast Cancer Cure in 31 states. Grassroots mobilization resulted in a $300 million increase in government funding for breast cancer research and a Conference to Establish a National Action Plan on Breast Cancer. Ms. Kahn was one of 22 co-chairs to this National Conference called by President Clinton. In addition to her tireless volunteer efforts on behalf of breast cancer issues, she is active with Virginia Family Life Education Network which provides education on pregnancy prevention and other issues for teens and parents.
HUMAN RELATIONS: Veronica Fleming Templeton is Executive Director of the Garfield F. Childs Memorial Fund - an organization established by the Richmond Redevelopment & Housing Authority - whose mission is to provide educational programs and cultural enrichment to families in Richmond's public housing communities. During her tenure, she has transformed the Fund from a small tutorial program into a multi-faceted, nationally recognized agency through such projects as the Smart Circuit Computer Center - the first of its kind in Virginia, a drug abuse prevention program for middle-school students and an intensive parent involvement program. Annual participation has grown from an average of 75 students to over 1,000 students and 350 adults. She has provided leadership and guidance to parents who, through their advisory board, cast as advocates for their children's education, provide volunteer services in the schools and community, and most recently, have embarked upon their first entrepreneurial venture, the Gilpin-Whitcomb-Moody Market. Ms. Templeton is currently the chairperson of the City of Richmond Commission on Youth. She spent several years as a volunteer in the YWCA Women's Advocacy Program and is currently a trustee and lay leader of the Women's Ministry at the Metropolitan African-American Baptist Church.

LAW: Phyllis C. Katz uses her legal knowledge to empower people who face challenges to their rights. Ms. Katz is Director of the Virginia Department of Employee Relations Councils which protects the grievance rights of state employees and counsels them on such issues as discrimination, sexual harassment, and the Americans with Disabilities Act. She advises the Governor and General Assembly on employee relations matters and, with their support, instituted a statewide employment mediation network. She was formerly an Assistant Attorney General and worked on disability, education and civil rights issues. On a volunteer basis, Ms. Katz has organized a statewide legal network to advocate on behalf of women with breast cancer and, for several years, instituted the collection of blankets for the homeless. She has also served on the Board of the Friends' Association and Housing Opportunities Made Equal.

RELIGION: The Reverend Dr. Patricia Ann Gould-Champ is the Executive Minister of the Thirty-First Street Missionary Baptist Church - a 1600+ member inner-city church. Her responsibilities include preaching, counseling, home visits and representing the church in the greater community. Dr. Gould-Champ coordinates many community activities including the Walk-to-Win Program which encourages students to succeed in school and the Adopt-a-School Program of East End Ministers' Fellowship. In 1986, she received a Master of Divinity degree from Virginia Union University where she now teaches Practical Theology. Today, she is President of the Division of Clergy of the Baptist General Convention of Virginia. Prior to ministering, Dr. Gould-Champ was an Associate Director of Compensatory Education with the Virginia Department of Education and, earlier, served as an elementary school principal.

VOLUNTEERISM: When Connie Berkeley Abeleff agrees to serve on the board for a worthwhile organization, she makes a sincere commitment to it. As a Theatre IV Board Member, Ms. Abeleff was one of the first to step forward in support of outreach programs to educate children about sexual abuse, drug abuse, teen suicide and other critical issues. Her commitment was evident in her work on the capital campaign to restore the historic Empire Theatre as the home of Theatre IV. Ms. Abeleff is also active on the board of Richmond Community Hospital working to position the hospital as a strong primary care provider. For the Richmond Community Hospital Foundation, she leads a successful fund raising campaign. In this way, she hopes to ensure medical care to underserved populations, including those in her neighborhood of Church Hill. She works on a daily basis as President of Planned Parenthood to ensure that its educational, clinical and advocacy services are available to those in need. Ms. Abeleff does all of this in addition to managing her own business in the health and fitness industry.

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The YWCA is deeply grateful to all of these companies for their support and commitment.

This list includes all contributions received through 4/10/95. We apologize for any omissions or inaccuracies.
The YWCA wishes to thank those individuals who encouraged others to attend and thereby purchased or formed tables.

**Patrons**

Patricia M. Asch  Mrs. Aubrey L. Mason  Rozanne G. Epps  Mary Tyler McClanahan  Jeanette Lipman  Dr. Carolyn M. McCue  Laura P. Lilley  Elise H. Switz

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**Contributors**


Patrons: $100; Sponsor: $50; Contributors to $49

A special thanks to those unable to attend but who contributed generously to the YWCA.

**1995 Outstanding Women Awards Steering Committee**

Trudy K. Jenzer, Chairperson
Jules W. Andrews, CPA
Judith B. Collins, RN, MS, OGNP
Barbara Moore-Scruggs
Elsbeth S. McClelland
Paula Otto

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Judith B. Collins, Chair
Barbara S. Brown
Madge M. Bush
Jocelyn Henry-Whitehead
Colleen M. Quinn, Esq.
Bessida C. White, Esq.

**Outstanding Women Award Volunteers**

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Congratulations to the 1995 YWCA Outstanding Women Awards Recipients

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Outstanding Women of Tomorrow Read

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Richmond Times-Dispatch

VIRGINIA’S NEWS LEADER
April 6, 1984

Ms. Susanne B. Hirt
7301 Normandy Drive
Richmond, Virginia 23226

Dear Ms. Hirt:

Congratulations! You have been selected as one of the Ten Outstanding Women of Greater Richmond for 1983. You were chosen by the 1982 Outstanding Women from nearly 50 nominations submitted by the community. Enclosed is a list of all of this year's honorees and their fields.

Your award will be presented as part of a luncheon program to be held on Friday, April 27, 1984, from Noon to 2:00 P.M. at the Hotel John Marshall. Jewell Jackson McCabe, President, National Coalition of 100 Black Women, will be the guest speaker. The program also includes a fashion show by La Vogue. The event serves as a benefit for the YWCA Women's Victim Advocacy Program.

The awards will be presented immediately following lunch. You will have the opportunity to say a few words when you receive your award if you wish to. Immediately after the Luncheon, there will be a Reception in your honor.

You and the other honorees are invited to the Luncheon as guests of the YWCA. A ticket is enclosed for your use. Also included is a response card to order additional reservations for your family and friends. Please let us know as soon as possible how many people will be in your party so seating arrangements can be made at your specially reserved table which seats ten.

The Board and Staff of the YWCA are pleased to be able to honor you and look forward to formally recognizing your achievements on April 27. If you have any questions, please call Pat Asch, Executive Director of the YWCA, at 643-6761.

Sincerely,

Nikki Nicholas
NIKKI NICHOLAS
OUTSTANDING WOMEN AWARDS COMMITTEE

NN/Inc
Enclosures
OUTSTANDING WOMEN OF GREATER RICHMOND
1983

BUSINESS
Melba G. Freed

HOMEMAKING
Margaret Watkins Clay

EDUCATION
Grace Edmondson Harris

HUMAN RELATIONS
Anne P. Lane
Jean Roland-Pender

GOVERNMENT & POLITICS
Elsie Satterwhite Elmore
Betsy House

LAW
Bessida Cauthorne White

HEALTH & FITNESS
Susanne B. Hirt

RELIGION
Reverend Yvonne Jones Bibbs

NO AWARDS GIVEN IN ARTS AND SCIENCE
February 25, 1999

Ms. Susanne Hirt
7301 Normandy Drive
Richmond, VA 23229

Dear Ms. Hirt:

Please accept my apologies for not having gotten right back to you after you very graciously sent me your letter and the information about the Feldenkrais method.

I know that you have been so much help to many of my patients and I am anxious to know more about it.

I also appreciate your kind offer to let me come and observe some of your work, and as soon as I can find a good time to do so, I would like to take you up on your gracious offer.

Thank you for being there for so many people and for your kindness to me.

I want to tell you again that I am the Director of the Post Polio Syndrome Clinic here at Sheltering Arms and it is the one patient population that I see that I enjoy the very most. I remember your talking to me about it years ago and thought you might be pleased to know of my involvement in it.

Best regards to you.

Sincerely,

Jane Pendleton Wooten, M.D.
Sheltering Arms Hospital

JW/mts-54 D:2/25/99 T:2/26/99
Re: Quilt
class 1982
Miss Suzanne Hirt
7301 Kennedy Dr.
Richmond, Va. 23229
Patti Estes
6525 Greensway Dr., N.W.
apt. H-86
Roanoke, Va. 24019
Dear Miss Hutt,

I received your note & was glad to hear from you. I'm glad you like our homemade quilt & hope you'll always think of the Class of 1982 whenever you see/use it. Oh, by the way, I'll have to explain what my square is! It's a very rough drawing of a koala bear. You have to understand that I love koala bears... it's kind of like 'my symbol.' I have quite a collection of koala bears that people have given me as gifts, as they know how mad I am about those little creatures!

Currently I am living in Roanoke, Va. & working at Friendship Manor (convalescent center, pediatrics, some health, out-p. dept.). I'm working w/ 4 other MCV graduates in a 6-P.T. dept. (Nancy Lee Butts from 1966 class is the director, Jo Rosier Errick from 1970 class, Ann Sheets from 1967 class, Nefi Towland whose little sister is currently an MCV P.T. senior named Molly? from ? class). There is a part-time O.T. here also. I really enjoy it!

Again, it was good to get your note. Hope you're enjoying your 'retirement' (I'm sure you're still very involved at MCV... it will probably take a natural disaster to make you completely give up P.T. & M.C.V.!) I'm sure they all miss your directorship & will continue to pull from your tremendous knowledge of the field &
also your resourcefulness. They'd be crazy not to!

Thank you, Miss Hunt, for two of the most rewarding years in my life. I'm glad I had the opportunity to study under you and all of the rest of the wonderful faculty at MCV. Warmest wishes to you. Keep in touch.

Love,

Patti Estes
"The Quilt"

VIRGINIA COMMONWEALTH UNIVERSITY

MEDICAL COLLEGE OF VIRGINIA

PHYSICAL THERAPY

COMMENCEMENT SERVICE

JULY 10, 1982

1:00 P.M.

BON AIR BAPTIST CHURCH
1982 GRADUATES

Libby Alnutt ✓
Lorie Lynne Bass ✓
Amy Louise Bell ✓
Sharon V. Blanton ✓
Susan T. Boland ✓
Louise Oliver Brooks ✓
Donna L. Burnette ✓
Jim Cappe ✓
Thomas H. Dayton ✓
Diane C. Droescher ✓
Judith Ellen Easterly ✓
Patricia Lynn Estes ✓
Deborah Lynn Givens ✓
Lynne Verdelie Gordon ✓
Catherine Cancino Heflin ✓
Susan Barbara Kling ✓
Paul Lyman Lysher ✓
Ruth Gibbs Masula ✓
Ann Corrine Moring ✓
Katherine Borger Motley ✓
Rebecca L. Myers ✓
Casey Cooley Nesbit ✓
Marilyn S. Orr ✓
Sarah Lynne Osborne ✓
Rita Darlene Price ✓
Carole P. Robertson ✓
Susan Simone ✓
Kimberly Sturgill Slep ✓
Elaine C. Slominski ✓
Martha A. Stacia ✓
Sue Lee Stewart ✓
Lynne Tate ✓
Clare E. Wagner ✓
Stephen Mark Walden ✓
Sue Welti ✓
Nancy Beth Wunderman ✓

PROGRAM

Welcome
Invocation
Introduction of Speaker
Graduation Address
Introduction to Department Chairman
Awards
A. D. Williams Award
Vultee Award
Sherry Walter Athletic Award
Presentation of Diplomas
Presentation of Pins
Reflections
Benediction

Casey Cooley Nesbit, Class President, 1981-1982
Marianne E. McDonald, Assistant Professor Department of Physical Therapy
Martha A. Stacia
Skip Wilkins, Guest Speaker
Libby Alnutt, Student Body President, 1981-1982
Susanne Hirt, Professor and Chairman, Department of Physical Therapy
Marianne E. McDonald
Nora Donohue, Academic Coordinator of Clinical Education, Department of Physical Therapy
Arlie L. Brockwell, Director of MCV Gym and Intramural Athletics
Thomas C. Barker, Ph. D. Dean, School of Allied Health Professions
Carlton L. Jones, Associate Professor Emeritus, Department of Physical Therapy
Class of 1982
Lynne Verdelie Gordon
Skip Wilkins is a nationally recognized speaker and author of *The Real Race*. He is an active participant in national and international wheelchair athletics, receiving in 1980 the National Wheelchair Athlete of the Year Award. From his unique perspective he provides insight into and motivation for the development of the capabilities of the individual. We are pleased to welcome him as speaker for the commencement ceremony of the Physical Therapy class of 1982.

***************

Special thanks and appreciation are extended to Stephen A. Gudas for providing piano accompaniment.

***************

The class of 1982 would like to thank the faculty, our parents and friends, who through support and encouragement have made this day a reality.

***************

Contribution for Commencement program provided by supporters of MCV/VCU Physical Therapy Education.

Refreshments following the Ceremony
this is to certify

Susanne Hirt

A Life Member of Hadassah

THE WOMEN'S ZIONIST ORGANIZATION OF AMERICA, INC

DEDICATED to a lifetime of devotion to the high ideals of Hadassah, to ever-increasing service through healing and teaching in Israel, to richer and more creative Jewish living and a fuller flowering of freedom in the United States and throughout the world.

[Signature]

President of Hadassah

April 8, 1984
28 Adar II, 5746 Date
Background
Was Obstacle
And Impetus

By Billie Alt
Times-Dispatch Staff Writer

Her German background provided her with an obstacle and an im-
petus to success for Suzanne Hirt, who after 38 years of service will receive the highest award in her field.

Ms. Hirt, professor and chairman of the Department of Physical Therapy in the School of Allied Health Professionals at Medical College of Virginia, will receive the Mary McMillan Award later this month. The award is given annually by the American Physical Therapy Association to the individual who makes the greatest contribution to the education and practice of physical therapy.

The obstacle was a familiar one. As a German Jew during the Hitler regime, Ms. Hirt found her life and budding medical career derailed after three years of medical training. It was thatchaos that culture, however, that provided the discipline and training she needed to later prosper in the United States, she said.

Born and reared in Berlin, Ms. Hirt fled Germany in 1938 and came to the United States two months later. Her mother and several distant relatives died in concentration camps.

GERMANY UPBRINGING provided the disciplined secondary educa-
tion she said she needed to succeed in physical therapy. "It's something you never com-
pletely lose," she said. "The educational system in pre-Hitler Germany was very excellent."

The upswing in Germany, unlike that of the United States, en-
couraged women to achieve as much as men. In the 1800s,
women were offered for roughly half of all German medical students.

"I look for granted that what was available for me in pre-
Hitler Germany would be available in this country," she said.

However, a lack of financial backing prevented her from con-
tinuing her medical education. She opted for the fast developing
field of physical therapy.

Since entering the University of Wisconsin as a student and
staff physical therapist in 1942, Ms. Hirt has enjoyed success in
both the clinical and educational areas of the field. She began
teaching as a graduate student at Wisconsin in 1943 and started her career as a teacher at MCV two years later.

Her last clinical experience came in the late 1960s and early
1970s, when she helped treat Richmond area victims of the last
polio outbreak. The administrative requirements of her job
have prevented Ms. Hirt from continuing clinical work.

"Many times I have missed working with patients, but I
couldn't do everything, so I decided to teach," Ms. Hirt said.

SHE SAID SHE fell into her position as technical director of
the School of Physical Therapy in 1968 "by accident," because
"they needed someone to fill the position quickly."

Though she originally thought she would be the interim director,
she stayed and has led one of the nation's oldest physical therapy
programs since.

The APTA announced last June that Ms. Hirt would receive the McMillan Award, named for the founder of the study of
physical therapy. She was given one year to prepare the lecture she will present to the APTA national conference at the annual
meeting in Washington June 30.

Ms. Hirt earned the award for her achievements in education.
She has trained more than a thousand physical therapists in her
38 years at MCV, and has instructed classes in functional
anatomy for first-year medical students, rare for a bachelor
who never received her doctorate.

Ms. Hirt's writings on physical therapy have been published in
such journals as "Progress in a Relay Race," after a phrase coined by Mary McMillan herself.

The lecture will review the need for continued communication
in the field, and her desire to see physical therapy continue as a
professional sport.

Thus far, Ms. Hirt has been there every step of the way.
Sue Hirt
7507 Three Chopt Road
Richmond, VA 23229

Dear Ms. Hirt:

On behalf of Virginia Commonwealth University and the Virginia Physical Therapy Association, we are pleased to present to you the enclosed certificate of completion for your successful participation in the "Mobilization of the Extremities" workshop held July 23 - 30, 1978.

The workshop, as you may know, was judged a tremendous success as demonstrated by the formal evaluation administered at the conclusion of the program. We are pleased that it was such an enjoyable experience for all of you.

We have received a number of inquiries regarding a mobilization course under Mr. Gould's direction to be sponsored in July, 1979. We are pleased to announce that Jim Gould has tentatively agree to do this. Sue Paul has agreed to host this proposed course in their facilities at Chippenham Hospital again. We will be in contact with you once all details are worked out.

Again, we congratulate you on your successful completion of this continuing education activity.

Sincerely,

Jane R. Hill, Ph.D.
Virginia Physical Therapy Association

E. Davis Martin, Jr., Ed.D.
Virginia Commonwealth University

/mjh

September 20, 1978
Medical College of Virginia
VIRGINIA COMMONWEALTH UNIVERSITY

This is to certify that

SUE HIRT

has satisfactorily completed

MOBILIZATION OF THE EXTREMITIES

E. Denis Martin, Jr.
DIRECTOR OF CONTINUING EDUCATION
SCHOOL OF ALLIED HEALTH PROFESSIONS

Thomas C. Berken
DEAN, SCHOOL OF ALLIED HEALTH PROFESSIONS

JULY 23-30, 1978
Physical College of Exhaustion

School of Hard Work

Susanne Hirt

Having fulfilled the requirements of the degree,

Degree of

Master of Exhaustion in Hard Work

Registrar of Complaints
Chief Complainer

President of

Se. Min
October 6, 1965

Miss Susanne Hirt
School of Physical Therapy
Medical College of Virginia
Richmond, Virginia 23219

Dear Miss Sue:

I am submitting herewith a certificate which we think is pretty to look at. Unfortunately it does not express and no certificate could express all that you have done for Physical Therapy licensure in the State of Virginia. Likewise it is impossible to put on this certificate how much we love you. With kindest personal regards from all of the people in the office, I am

Sincerely yours,

[Signature]

R. M. Cox, M.D., Secretary

RMC:hb

P.S. Please sign the other certificate enclosed and send it back to us in the enclosed envelope. R.M.C.
To Suzanne Hirt,
your support and friendship during my first term
have meant much to me and our administration. Thank you.

Bill Clinton
Dear Ms. Hirt,

Our Party, our President and our country are all stronger as a result of your commitment. Thank you for your help!
Long-Time Members Recount APTA's Early Days

A standing-room-only crowd filled the Nicollet Room at the Hyatt Regency Sunday evening to listen to some of the association's senior members talk about the “good old days” and the sometimes not-so-good old days of physical therapy. APTA President Marilyn Moffat moderated the discussion, posing questions to the panel members, who represented a grand total of 586 years of combined membership in APTA. The following are some of their responses.

Where were you in 1921 when the APTA was founded?
Inez Peacock, 50 years of membership: “I was out in the plains of Saskatchewan, living on a farm that my father homesteaded.”

Susanne Hirt, 53 years of membership: “I was in kindergarten in Germany.”

Florence Kendall, 64 years of membership: “I was in the seventh grade.”

What prompted you to become a physical therapist?
Florence Kendall: “Actually I had never even heard of physiotherapy. I wanted to get into some sort of hospital work but I didn’t feel I was suited to be a nurse. I was pointed in the direction of the physical therapy program at Walter Reed Hospital and that’s where I wound up.”

Susanne Hirt: I studied medicine in Berlin but after three years, Adolph Hitler came in and threw me out. When I came to this country, I had no money and did not know what to do. The University of Wisconsin offered me a position in their school of physical therapy because of my background in medicine and told me they would educate me for free. So, I went.”

Inez Peacock: “My anatomy and kinesiology instructor in college was also a physical therapist. I was very interested in all of the neurological conditions that she discussed in our classes. When my husband went overseas during World War II, I decided to go back to school and I could not have picked a better profession.”

Winnie Regan, 50 years of membership: “When I got to college, I knew I wanted to get involved in some kind of work that would help people. The polio epidemic was right there on the front page, so I figured that

See HISTORY, page 3
HISTORY

Continued from page 1

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Laura Smith, 50 years of service: "I was a physical education major in college. My kinesiology teacher was a physical therapist and suggested that I look into physical therapy and I have been very pleased that I took that advice."

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Jay Schleichkorn, 48 years of membership: "I was serving as a surgical technician at an army hospital in Alabama. One day they came in and asked for five volunteers to be trained in physical therapy. I did something then that my older brothers told me never to do in the military — I volunteered. It sounded good."

Vilma Evans, 46 years of membership: "I am first-generation American born, and come from a large family of health professionals, so it wasn't a difficult choice to go into the medical field. I was very intrigued with some of the work that was going on so I got into physical therapy."

Ruth Wood, 46 years of membership: "From the time I could walk, I wanted to be a school teacher, so I worked my way through college and got my teaching license. After that, it took me exactly six weeks to realize I had made a terrible mistake. I realized that I didn't like seeing the same people every day. Polio was rampant and I had a friend whose child had polio. That got me interested in the profession."

Lucy Buckley, 43 years of membership: "It was sort of the process of elimination that brought me to physical therapy, but it was the best decision I ever made. I was really interested in medicine but, being a girl in those days, it really wasn't practical to consider medical school."

Robert Bartlett, 43 years of membership: "I started out to be a YMCA worker. They had a program where we worked in the pool with people with physical handicaps. After I got out of the Navy, I spent some time with a friend who was a physical therapist and I realized that was what I wanted to do."

Arthur Nelson, 43 years of membership: "I was a physical education instructor and a swimming instructor at a summer camp for boy scouts. One of my scouts was a polio victim and I taught him how to swim. I thought it was really neat and wondered if there was a field where I could do more of it. I saw an advertisement in a health and physical education magazine for physical therapy. I decided that was the field to be in."

Where and when did you begin your first practice and what was your salary?

Florence Kendall: My first job was in Baltimore for $100 a month.

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When did you graduate?

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The advent of managed care and today's focus on the bottom line has created a quandary for health care professionals at large: where does the bottom line need to bend for the best interests of the patient?

Ruth B. Purillo, PhD, PT, FAPTA, spoke about moral courage and courage during her Monday Plenary Session on "Managed Care and Moral Courage: Physical Therapists Prepare for the Millennium."

"With the emergence of managed care organizations, health professionals in general are besieged with pressure to cut costs," Dr. Purillo said. "The drive to survive is overpowering our ethical senses."

The question emerges: Which of the changes in health care delivery are worth worrying about?"
‘What Has Been the Highlight of the Conference for You?’

‘The events are all well-organized. I attended a short course on management of dysphagia yesterday that was excellent. And the trip to Camp Snoopy was wonderful!\n
—Michaela Smith, PT
Fairfax, VA

‘Just being able to listen to members who have been here for 50 years or more, it’s interesting to hear about the beginning of the profession.’

—James Howlett, PT
Birmingham, AL

‘Attending the House of Delegates was the highlight for me. It’s my first year as a delegate and it’s great to see the direction the Association is going.’

—James Lee
Student Assembly

‘The amount of research that’s being presented at the same place. It really stimulates your thoughts and gets you excited about your profession all over again.’

—Denise Anderson, PT
Bozeman, MT

‘I started in 1964, and have an avid interest in the history and development of our profession, so it’s been an extraordinary treat for me to see and hear so much about this at this year’s conference.’

—Bonnie Wagner, PT
Carmel Island, WA

HISTORY
Continued from page 1

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COURAGE
Continued from page 1

perceived benefit to society from the person we are treating!”

Purtill said she was afraid the profession was moving toward a division, within itself and among other health care professionals. Such a division, she warned, would not serve any of the combatants. “Attempts to belittle colleagues in other health professions takes away from our focus on the patient as a whole, and takes energy away from finding new ways to be cost effective.”

With the current focus on outcomes, Purtill said we are looking too much at instrumental or technical functions rather than moral functions of health professionals. Looking only at what a particular method works in most instances belittles the

DELEGATES
Continued from page 1

therapist assistant as the technically trained paraprofessional,” according to its support statement.

Computer-based testing for the National Physical Therapy Examination (NPTE) took a step toward being implemented by all the APTA’s jurisdictions with the passage of RC 30-96. And RC 40-96 supports the elimination of temporary jurisdictional licensure or credentialing for PTs and PTAs.

RC 43-96, Position on Mentoring for Association Involvement, encourages physical therapists who hold leadership positions in their respective professional settings to create opportunities to support involvement in the Association.

In RC 55-96, the Board was charged to examine alternative organizational structures that might provide for the “unique interests and agendas” of PTs and PTAs, but which also allow for collaboration to achieve common goals.

RC 55-96 deals with the determination of which tasks should be handled by PTs and which tasks can be performed by PTAs.

Look for a complete wrap-up of the 1996 HoD in the September issue of PT Magazine.
Preserving Oral History Through Video

By JAY SCHLEICHKORN, PhD, PT

In keeping with the promotion of the 75th-anniversary theme of the founding of the American Physical Therapy Association and the profession, the Committee on History sponsored a two-hour workshop "Videotaping Oral History Interviews," on Sunday, June 16, at the Hyatt Regency Hotel in Minneapolis.

With 30 people attending the workshop at "Physical Therapy '96: Scientific Meeting and Exposition," Jay Schleichkorn, PhD, PT, committee chair, opened the program with the introduction of Donna Kimmel, MS, MFA, PT, of Rockville, Md. A 1963 graduate of Marquette University's PT program, Ms. Kimmel earned a master of science degree in public health and physical therapy from the University of Minnesota in 1968.

By 1982, she received a master's in fine arts (theater) from George Washington University. She is currently completing her doctoral studies. With an interest in video production, she directed and produced several prize-winning educational videos related to physical therapy and rehabilitation.

The workshop emphasized the value and importance of oral history techniques to elicit the best response from a narrator, and the responsibilities of the interviewer and the interviewee. Under Ms. Kimmel's direction, workshop participants practiced interviewing and videotaping with a single camera.

As we note the 75th anniversary, it becomes imperative that memories of our past leaders and pioneers be preserved. For more than a decade, APTA has been collecting oral histories of members who have made significant contributions to the profession and the association. APTA has been collecting oral histories of members who have made significant contributions to the profession and the association.

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Birmingham, Ala.; and Ruth Wood, PT, FAPTA, of Eureka Springs, Ariz. The interviewers were Rick Reuss, PT; Sue Whitney, PhD, PT, ATC; and Rosemary Scully, EdD, PT, FAPTA.

To assist components, a "Guide to Oral History" has been prepared for APTA by History Associates Inc. A copy can be obtained by contacting Andrea Blake, staff liaison to the COH, at APTA headquarters, (800) 999-2782, ext. 8555.

Effective July 1, 1996, the COH will consist of Robert Harden, PT (Chair), Mr. Reuss and Dr. Whitney. ▼

Donna Kimmel, PT, an experienced and award-winning videographer, conducted the workshop sponsored by APTA's Committee on History.

Physical therapists Doris Aubrey of New Orleans (left) and Jane Holleman of Dublin, Ga., practice their oral interview skills during the videotaping workshop conducted by APTA's Committee on History.

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therapists and chiropractors — assisted the riders along the way.

“I was stationed at base camp and did a lot of injury triage,” Ms. Fisch said. “When someone would come to the medical area, I would try to do a quick assessment of the injury and send the rider to the correct tent.

“I would also try to educate the rider as much as I could about injury prevention,” she said.

The other five physical therapists were stationed at the pit stops, which were located about 15 miles apart, to help the riders and to give them advice if they ran into any problems throughout the day.

In the beginning of the week, Ms. Fisch said, the therapists saw a lot of knee problems. As the week progressed, there were ankle and Achilles tendon problems as well as problems due to the heat.

Many of the problems, she said, were due to improper bike fit.

“There were a lot of people who said they had been cycling so many hundreds of miles a week in preparation for the ride, but this was the first time they had experienced any pain,” she said. “Many of these people were from Los Angeles and had had their bikes taken apart and put back together in San Francisco. As a result, the fit may not have been quite right.”

“The volunteer bike techs were excellent in helping us solve these problems,” she said.

Although most of the riders were amateur cyclists, Ms. Fisch said, many were very well prepared for the ride.

“Luckily there was a lot of support from the California AIDS Ride staff with training rides throughout the year,” she said. “There were a few people, however, who somehow made it in with very little training or had a new bike, so they ran into problems.”

Allen Lee, PT, one of Ms. Fisch’s coworkers at the Visiting Nurses Association of Los Angeles, also volunteered his services during the ride.

“Last year when Mary Kay came back [from the ride], she was really excited about it,” he said. “Since I had never worked with that population before outside of school, I thought it would be a really good challenge for me.”

“I actually looked at it as my continuing education for the year,” he added.

Mr. Lee said he was stationed at “pit stop 1” during the ride.

“For me that meant getting up everyday at 4 a.m., leaving the camp by 5 a.m. and traveling down the road about 15 miles to set up the first pit stop. Most of the problems he saw were overuse injuries.

“Everybody had something inflamed, so they started with an ice pack,” he said. “If they felt they couldn’t make it to the next pit stop, then they would see me.”

“Two was usually a waiting line of people, so as I was stretching one person I tried to show the others how to avoid overuse injuries,” he said. “I would tell them to make sure they took the extra 10 minutes the following day to do stretching.”

Mr. Lee said he also used one of his physical therapy textbooks to explain the injury to the rider.

“I had it sitting out there so they could have an anatomy lesson while they were waiting to see me,” he said. “Some of the riders really appreciated it because it helped them understand what they needed to stretch.”

At first, Mr. Lee said, he was very nervous about working with the cyclists.

“I knew these people were counting on me, and I wasn’t really experienced in this area,” he said. “I knew Mary Kay had a crash course for us at her house, and I just cracked open my physical therapy textbooks, but you never know what to expect.”

After the first day, though, he said he felt much better.

“It is really amazing — things come back to you like you would not believe,” he said. “I have been out of school for five years, and I can’t believe how I have retained things I haven’t used.”

“I had a few people who wouldn’t let anyone else tape their knees,” he continued. “Little did they know that this was the first time I was doing these tapings.”

“That was a real bonus,” he added.

Working with the cyclists in this kind of environment was very different for Mr. Lee.

“You really have to change your whole mind-set,” he said. “In home care, you are thinking about the next six months or year in terms of the patient’s goals.”

“During the ride, however, it was just getting the person to the next pit stop,” he said.

The hardest part, he said, was having to give quick, quality treatments.

“In home care, for the most part, you can have a little bit of time with your patients,” he explained. “Maybe some treatments aren’t as long as others, but you have the option to take more time to ensure the quality of the treatment. On the ride we didn’t have a lot of time, but we still had to make sure to give quality treatments.”

Overall, he said, the experience was unforgettable.

“It was really incredible to see the people out there and the support they were giving each other,” he said. “I also felt really successful in terms of my physical therapy treatments.”
Opening Ceremony

President Moffat Reflects on Rich History of APTA

"What a spectacular time this is for the American Physical Therapy Association as we celebrate our diamond jubilee," said APTA President Marilyn Moffat, PT, PhD, FAPTA, during Friday night's opening ceremonies. "The 75th anniversary is symbolized by the diamond — a pure flawless stone of extreme hardness. It connotes strength and durability; it represents power and beauty. It has indeed been those qualities that have made this profession and this Association what it has been and will continue to be." Moffat's address gave attendees a comprehensive overview of the past 75 years, recounting world events and the state of physical therapy practice, research, education, and organizational structure decade by decade.

When the American Women's Physiotherapeutic Association (AWPTA) — the association that would later become the American Physical Therapy Association — was founded in 1921, the main thrust of physical therapy practice centered around finding ways to treat patients who had been injured during World War I. Local associations predated the AWPTA but, at a historic meeting in New York City on Jan. 15, 1921, the Association was conceived and on March 24, 1921, Mary McMillan was elected the first president of the 274-member AWPTA. "We cannot overestimate the contribution of this incredible woman to physical therapy as a profession and to our Association," Moffat said. "She truly embodied the standards, the principles, the ideals and the aspirations which we continue to espouse today."

In 1922, at the first annual Physiotherapy Convention in Boston, one of the hot topics of discussion was the question as to whether qualified male physiotherapists should be admitted as members of the Association. At that convention, the Association's name was officially changed to the American Physiotherapy Association (APA).

In the years leading up to the second World War, the practice and profession of physical therapy continued to evolve, with the care and treatment of patients being a main focus of the Association. Physical therapy practice saw the adoption by APTA of its first "Code of Ethics and Discipline," and the American Congress of Physical Medicine created the American Registry of the purpose of conferring the "registered" title to physical therapists who passed the test. The National Foundation for Infantile Paralysis was founded in 1937, and it became one of the major supporters of the profession of physical therapy, said Moffat. While the end of the war brought about a wave of prosperity, it was to be short-lived. With the outbreak of the Korean War in 1950, physical therapists once again found themselves treating individuals suffering from the "wounds of war." The 1950s would also see physical therapy professionals play a vital role in the research and introduction of the Salk vaccine for polio.

In the 1960s, physical therapists were called upon once again to treat the casualties of war, many providing care at military hospitals and medical units in Vietnam. Also in this decade, "physical therapy services were recognized and included in the Medicare program, thus assuring our rightful See HISTORY, page 6.

Attendees Urged to Show Support for Polly Cerasoli

Tonight!

APTA President Marilyn Moffat Leads Trip Down Memory Lane

We all know their names: Bob Barlett, Vima Evans, Susanne Hirt, Florence Kendall, Arthur Nelson, Inez Peacock, Winfred Regan, Jay Schleichkorn, Laura Smith, Ruth Wood, Martha Wroe. They're well known and well respected—and all are a sheer delight. Together they represent more than 500 years of membership in APTA. Each one has earned a rightful place in physical therapy's history and they have the stories to prove it.

Tonight they will all be together in one room, and you are invited! In her first-ever President's Colloquium, Marilyn Moffat leads a lively discussion that will offer the inside story on "The History That's Not in the Book!" Hear about starting salaries, career decisions, unusual orders, embarrassing moments, famous clients, and more.

"This may well be the most entertaining session of the week," says Moffat, who is looking forward to tonight's program as much as any PT '96 attendee.

"To have all of these wonderful members together in one room reminiscing for our enjoyment is surely a one-of-a-kind experience."

Don't miss the President's Colloquium this evening from 5:30 to 6:30 in the Nicollet D Room at the Hyatt Regency.

Lavender will be the color of solidarity during PT '96. Members who contribute to the APTA-Cerasoli Fund at the Help Pavilion will be given a lavender ribbon. The ribbons will become a familiar sight throughout the week as APTA members continue to show support for Pauline "Polly" Cerasoli, EdD, PT, who was assaulted and critically injured in her hotel room while attending the Combined Sections Meeting (CSM) in Atlanta in February.

Cerasoli continues to recover, making slow but steady progress. "Polly has enjoyed and appreciated the countless number of cards and other expressions of concern and hope she has received during the past few months from friends, colleagues, and students. APTA has maintained constant contact with Polly and her family, who have appreciated the support of the profession throughout this difficult time," said APTA President Marilyn Moffat, PT, PhD, FAPTA.

APTA established the APTA-Cerasoli Fund in March to provide financial assistance to Cerasoli and her family to pay medical or other related expenses not covered by her insurance. At a later date, if funds are not required for these types of expenses, the money will be used for charitable or educational purposes as determined by Cerasoli or her family. "Since establishing the fund, we have collected more than $10,000 from individuals, corporations, colleges and universities, and other APTA components. I urge each of our members who are here in Minneapolis this week to stop by the Help Pavilion and show your support. Let's keep Polly—as we have for the past four months—in our hearts and in our prayers."

To contribute to the fund, make checks payable to the APTA-Cerasoli Fund. Corporate as well as individual donations are welcome. Contributions cannot be considered tax-deductible. You are also invited to stop by the Help Pavilion to sign a banner that will be sent to Cerasoli after the conference. If you have personal cards or notes for Cerasoli, these can also be left at the Help Pavilion and will be sent to her with the banner.
Travel Smart, Travel Safe

“Safety is always a primary concern when APTA plans its meetings and conferences. And still, we were touched by a random and senseless act of violence during our Combined Sections Meeting in February in Atlanta.” (See related story, page 1.) Many of us here in Minneapolis have an increased sensitivity to the issue of personal safety, said APTA Senior Vice President Bonnie Polivalte, who oversees the Association’s Meeting Services operations. “The event in Atlanta has caused us to take pause and heighten our awareness. Precaution can often be your best strategy in staying safe. The list of safety tips (below) can serve as a guide. We want all of our PT 96 attendees to have a safe and enjoyable experience,” said Polivalte.

When checking into the hotel:
1. Use the hotel safe deposit service, provided free to all registered guests, for jewelry and other valuables. Just ask at the front desk. It is not safe to leave valuables in your room, even for a short time. Thieves know all the same hiding places that you do.
2. Be careful what you say in the presence of strangers. Never reveal your room number or discuss plans for leaving the hotel in a crowded area where you can be overheard. Remember, do not put your room key down beside you on a restaurant table, on a bar, or on the pool side. You may find your room was robbed while you were enjoying yourself.
3. Ask at the front desk or concierge desk about the neighborhood around the hotel so you know what streets to avoid. Suggested walking routes will be among the materials provided to you upon check-in at the hotel.
4. If you need help, do not go to your room alone. Ask a bellman or security guard to escort you and to check the room for you before you enter it.

When travelling to and from your room:
1. Look into the elevator carefully before you enter. If you are uncertain of any occupants, wait for the next elevator. If a suspicious person joins you in the elevator, exit before the door closes. Stand near the control panel. If accessed, push all of the buttons.
2. Whenever possible, look down the corridor carefully for suspicious activity before leaving the elevator.

3. Once in your room, use your peephole to identify callers before letting them in. Before letting in any unexpected person who claims to be hotel personnel, call the front desk to verify that he or she is legitimate. Never automatically open your door when someone knocks.
4. Use every locking device on your door and turn the locks as you enter your room. Never leave your room door ajar even if you are going down the hall for ice. Call hotel security immediately if you find the door to your room ajar. Do not enter the room.
5. Avoid opening your room door if someone is following you down the hall. Wait until they pass you before you put the key in the lock.
6. Check carefully to make sure where fire exits are. Remember that smoke rises, so the red “exit” sign will probably be invisible if there is a fire. Walk from your room to the exit so you know how far away it is. Count the number of steps and open the exit door to see what is behind it.
7. Read carefully the supplemental material that will be waiting for you at the hotel. Refer to the preferred walking routes in the supplemental material. If you are unsure of the directions, ask staff at the hotel’s front desk to assist you with directions.

When going to and from PT ’96 events:
1. Remain alert at all times and avoid shortcuts and walkways between buildings. Take the skywalks if possible. They are open from 6:00 am to 1:00 am. Skyway routes between the Hilton and the Convention Center and the Hyatt and the Convention Center are open 24 hours a day.
2. Always remove your conference name badge when you are outside the conference venues.
3. Always be aware of your surroundings and the people you encounter. Look confident and purposeful, especially when you are outside the conference venues.
4. Plan and use the safest, most direct, and best lit routes. Always walk with a crowd of people (more than 2 people) and if that is not possible, take a taxicab. After 9:00 pm, it is advised that you travel by taxicab.
5. If you feel uneasy, go directly to a place where there are other people.
6. Carry your keys and money in a pocket, not in a purse or wallet.

“BOB” is on the job

Don’t forget to stop by the APTA Benefits of Belonging booth (affectionately referred to by APTA staff as “BOB”) in the Registration Area. APTA staff will be there during the hours of registration to assist with any of the following: to renew or join APTA or any of its components, obtain information about the Member Get-A-Member Campaign, verify or change your data on file, answer any membership-related questions, to purchase 75th Anniversary Collection items and the Physical Therapy ’96 Course Materials Book, and more. Current members may also enter a drawing for free national dues (a $235 value) to be used on your next renewal. So be sure to stop by and say “Hi, BOB!”

Please stop by Empl Booth #502 to pick up your invitation for “Land of 10,000 Desserts” to be held Monday, June 17, at the Hyatt Regency Minneapolis, 9 p.m. to midnight.

This invitation is your ticket for admittance and must be presented at the door.

Attention PT Shoppers!

Bargain hunters at PT ’96 can follow the signs in the Exhibit Hall to the APTA Resource Center, an open-air bazaar displaying all manner of Association wares. According to Nancy Perkin Beumont, CAE, Senior Vice President for Communications, “The Resource Center is a stationary version of APTA’s Service Center, with one-stop shopping for everything APTA has available for sale.” The Resource Center debuts a number of new products and publications during PT ’96, including t-shirts, sweatshirts, caps, buttons, magnets, posters, and pens to celebrate National PT Month this coming October. The brand-new, bigger-than-ever Resource Catalog is now out, along with hot-off-the-press publications such as the Managed Care Survival Manual. The Rehabilitation Therapists’ Guide to Coping withand Per-Care Payment by Brian Rasmussen, PhD, and Taking Care of Your Foot and Ankle, the latest of APTA’s popular patient information brochures. Members can also pick up collectible, commemorative items marking the 75th Anniversary of the Association.

But the Resource Center is much more than a roadside stand of Association goods. This hub of activity features the following attractions and services:

- Signings of the monumental history, Healing the Generations: A History of Physical Therapy and the American Physical Therapy Association. Author Wendy Murphy and presidents past and present will be on hand to inscribe the book. Signing times will be Sunday, June 16, and Monday, June 17, from 10 to 11 am and 2:30 to 3:30 pm on both days, and on Tuesday, June 18, from 10 am to 11 am.
- Student/CE Computer-Assisted Matching Program (SCAMP). APTA’s clinical education placement service. Director of Clinical Education Jody Gandy, PhD, PT, will demonstrate SCAMP on Sunday and Monday from 10 am to 12 noon and from 2:30 to 3:30 pm, and on Tuesday from 9:30 to 11:30 am.
- The Write-to-Congress program, sponsored by the Physical Therapy Political Action Committee (PT-PAC). Writing your congressman has never been so easy. With a push of a few buttons and a signature, members can whisk off letters on issues of their choice.
- APTA’s Continuing Education Service and Minority/International Affairs. Staff members from these two frequently queried areas of the Association will field questions in person. Stop by and try to stump them. (But there are no prizes for not guessing your correct weight!)

Meeting the Challenge

Severe muscle pain and spasm can often be attributed to myofascial pain syndrome. In many cases the referred pain can be projected to adjacent musculature, challenging both diagnosis and treatment. For over 10 years Gerard’s Fluor-Methane* has helped practitioners meet the challenge.

Fluor-Methane is a topical vasodilator used in conjunction with the Stretch & Spray Technique* This non-invasive therapy in many instances, can relieve the patient’s pain.

*For a FREE information packet on the Fluor-Methane and the Stretch & Spray Technique call 800-527-6846.

VISIT US AT BOOTH # 645
Imagine that! In the News 75 Years Ago Today

APA’s 75th anniversary is a time of celebration and remembrance, both good times and bad. But beyond the changes in physical therapy and medical science, what was the news when the APA founded in 1935? Here are a few highlights:

- World War II continued
- The price of milk hit 20 cents per gallon
- The New York Times reported five accidents claiming lives from train and car accidents
- Quality of life improved in the city

The mayor of New York was present for a garbage removal proposal to control the ever-increasing amount of waste in the city. The recommendations included setting aside marked areas and dumping crossing lines in the ocean.

IOM forum to be held at noon

Posters 4P0R-324.5: Effects of Fetal Spinal Cord (FSC) Injuries and Events on Fetal Spinal Cord Properties and the Hoffman Reflex in Chronic Spinal Cord (Rams N)

Alone: The Birth of a Nation

- APTA Research Documents Reformer to hold a 10:00-12:00 PM forum that will provide an opportunity for public comment on the draft revisions of several of the Association's research documents. The forum will be held in the Hyatt Hotel.
- Lake Superior Room A: This session was originally listed in the Agenda Guide under Monday's schedule.

Program Changes

- poster 4P0R-324.5: Effects of Fetal Spinal Cord (FSC) Injuries on Fetal Spinal Cord Properties and the Hoffman Reflex in Chronic Spinal Cord (Rams N)
- Poster 4P0R-324.5: Enhancing Physical Therapy Student's Knowledge of Research and Designs in Research and Science Designing and Synthesizing (Warren R)
- New Advances in the Management of Reflex Sympathetic Dystrophy

Saturday

Sunday

- Poster 4P0R-324.5: Enhancing Physical Therapy Student's Knowledge of Research and Designs in Research and Science Designing and Synthesizing (Warren R)
- New Advances in the Management of Reflex Sympathetic Dystrophy

We’re with you every step of the way.

When it comes to walking companions, it’s no surprise that everyone has a different opinion on walking partners. Some believe that walking with someone is the best way to encourage exercise, while others prefer to walk on their own. But when it comes to walking companions for the visually impaired, there are a few things you should consider.

Our Common Goal: Putting People Back On Their Feet

No matter which side of the argument you fall on, it’s important to have a walking companion who can help you reach your fitness goals. Whether it’s a friend, family member, or professional, having a walking partner can make all the difference in your daily routine.

Call For A Free Poster!

To learn more, contact your local Guardian representative for our free walking companionship brochure. Or call customer service at 1-800-255-5021 for a free walking companion.

Come one, come all!

74.750 miles are still needed to reach the National Alzheimer’s Association, which will be held in April. You'll need to join the fight today.

We give you the power to stay in control.

A strong flexible solution to allied health staffing.

We are America’s leading team of allied health staffing specialists providing quality professional healthcare personnel to help you meet your staffing needs. Our goal is to provide exceptional service that helps you keep control of your department.

Visit us at Health Tour Booth 400.

The best solution is temporary.
Congressman Luther to Speak at PT-PAC Breakfast

Congressman Bill Luther, R-Minn., will be the featured speaker at the Physical Therapy Political Action Committee (PT-PAC) Breakfast hosted by APTA’s Government Affairs Department. Set to speak Monday, from 7:30 to 9:00 am in the Rochester Room of the Minneapolis Hilton, Luther will look at the many issues with a potential impact on physical therapy that are currently being considered by the 104th Congress. Some of the hot topics being tracked by Government Affairs include the reauthorization of IDEA, physician self-referral, and managed care legislation. Government Affairs Staff will be on-hand throughout the Conference in the registration areas and in the Resource Center to field questions about what’s going on in Washington, DC, and what it takes to become politically involved. The cost of the PT-PAC Breakfast is $25. Admission for Eagle members is free.

Manuscript Reviewers Workshop to Focus on Case Reports

An interactive workshop taking participants through the manuscript review process for APTA’s peer-reviewed journal, Physical Therapy, will focus on reviewing case reports. The workshop will be held Monday from 3:30 to 5:30 pm in the Hyatt Ballroom E. Led by Journal Editor Jules Rothstein, PhD, PT, FAPTA, and members of the Journal’s Editorial Board, the workshop will present common problems and potential solutions related to manuscript review, using an actual case report to illustrate the process. All conference attendees are welcome, including reviewers, contributors, readers, and students.

Reviewer workshops are held each year at conference, but this is the first session dedicated to case reports. According to Rothstein, “Case reports are an important part of our profession’s body of literature. This workshop is designed to help our reviewers to better review case reports submitted to the Journal, but, because everyone is invited to attend, it’s also set up so that people who are interested in writing and submitting case reports will have a better idea of what it takes to prepare a case report. This session will help those who have never written a case report understand what they need to do to make their own case reports publishable.”

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SmartBadge

This year’s conference uses the SmartBadge, a new convention tool. In addition to serving as your conference badge, the SmartBadge allows you to:
- Retrieve and send messages at the Message Center. See the brochure included in your registration kit for additional information;
- Maximize your visit to the Exhibits Hall; and
- Register for CEUs for each educational session. See “Continuing Education Units Credits (CEUs)” on page 8 of your Program Guide.

Professional

“Professionals” is a new section listing meetings of physical therapists who share similar professional interests. If you would like to meet with others who share similar interests, stop by the Daily News office at 202A and submit a time and location for your meeting.

Announcements

PTs interested in filling out a survey on veterinary medicine and physical therapy for animals please contact Lin McGonagle, PT, 3651 Mccallister Road, Genoa, NY 13071, (315) 497-0331; or e-mail at 72750.2310@compuserve.com.

PTs interested in setting up national loan closets for previously owned adaptive equipment please contact Lin McGonagle (see above).

HISTORY

Continued from page 1

place in this system,” Moffat said.

During the 1970s, physical therapy practice expanded into areas such as the management of orthopedics and the treatment of patients with cardiopulmonary disorders. “Open-heart surgery was possible and physical therapists practiced in pre- and post-op units,” she said. “Joint replacements altered the type of care we rendered to individuals with severe joint restrictions.”

The 1980s were marked by an increasing movement of physical therapists from hospital-based to private practice, and the country first “began to hear about a syndrome characterized by severe impairment of the immune system which was named AIDS.”

History may look back at the 1990s as the Era of Managed Care, as the entire health care industry attempts to adjust to major changes in the health care delivery system.” Managed care, point-of-service plans, and multiple other organizational structures will require increased ingenuity and adaptation on the part of physical therapy practitioners,” Moffat said. She is confident, however, that the profession and the Association will overcome these obstacles and continue to grow.
Opening Ceremony

President Moffat Reflects on Rich History of APTA

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APTA President Marilyn Moffat Leads Trip Down Memory Lane

We all know their names: Bob Bartlett, Vilma Evans, Susanne Hirt, Florence Kendall, Arthur Nelson, Inez Peacock, Wilfred Regan, Jay Schleieckhorn, Laura Smith, Ruth Wood, Martha Wroe. They’re well known and well respected—and all are a sheer delight. Together they represent more than 560 years of membership in APTA. Each one has earned a rightful place in physical therapy’s history, and they have the stories to prove it.

Tonight they will all be together in one room, and you are invited! In her first-ever President’s Colloquium, Marilyn Moffat leads a lively discussion that will tell the inside story on “The History That’s Not in the Book!” Hear about starting salaries, career decisions, unusual orders, fascinating moments, famous clients, and more.

“...the most entertaining session of the week,” says Moffat, who is looking forward to tonight’s program as much as any PT ’96 attendee. “To have all of these wonderful members together in one room reminiscing for our enjoyment is surely a one-of-a-kind experience.”

Don’t miss the President’s Colloquium this evening from 5:30 to 6:30 in the Nicollet D Room at the Hyatt Regency.
Imagine that! In the News 75 Years Ago Today

APTA’s 75th anniversary is a time of celebration and remembrance, both good times and bad. But beyond the changes in physical therapy and medical science, what was in the news when the APTA founders were forging a new profession?

Warren G. Harding was the U.S. President, and Winston Churchill was working to restore relations between Britain and France. It may be hard to believe in these times of high-priced apartments and power suits, but 75 years ago today the price of an 8-room luxury apartment overlooking Central Park in New York was between $175 and $300 per month and a hand-made suit of fine Italian wool was between $75 and $250.

Some things seem not to have changed: The New York Times reported five auto accidents claiming seven lives today, and decried the dangers of poorly marked intersections in the city. Other newsworthy items and tidbits about life 75 years ago today:

- Marie Curie was forced to cancel a reception in her honor in Buffalo, New York, due to a recent illness.
- The mayor of New York was presented a garbage reform proposal to control the ever-increasing amount of waste in the city. The recommendations included setting aside recycling areas and dumping excess waste in the ocean.

- Milk in the midwest cost 29 cents per gallon and a loaf of bread was about a quarter, causing some small-town newspapers to decry the increasing cost of basic food.
- The allies announce that they will seize all German airplanes as part of their punishment for the war, including mail, passenger and parcel post airplane services.
- The New York Yankees beat Chicago 6-2 in 12 innings, extending their current winning streak to 10 games. The baseball scorecards have Cleveland in first place, followed closely by New York and Washington. Legend Ty Cobb was the 3rd leading baseman of the season, behind Hellmann and Speaker.


HISTORY

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place in this system,” Moffat said.

During the 1970s, physical therapy practice expanded into areas such as the management of orthopedics and the treatment of patients with cardiopulmonary disorders. “Open-heart surgery was possible and physical therapists practiced in pre- and post-op units,” she said. “Joint replacements altered the type of care we rendered to individuals with severe joint restrictions.”

The 1980s were marked by an increasing movement of physical therapists from hospital-based to private practice, and the country first “began to hear about a syndrome characterized by severe impairment of the immune system which was named AIDS.

History may look back at the 1990s as the Era of Managed Care, as the entire health care industry attempts to adjust to major changes in the health care delivery system. “Managed care, point-of-service plans, and multiple other organizational structures will require increased ingenuity and adaptation on the part of physical therapy practitioners,” Moffat said. She is confident, however, that the profession and the Association will overcome these obstacles and continue to grow.